

# DHS Girls Wrestling

## 2025-2026

| DATE              | EVENT                            | TIME                                                    |
|-------------------|----------------------------------|---------------------------------------------------------|
| October 14th      | Parent Meeting                   | 7:00 PM, MPR                                            |
| November 10th     | Practice starts                  | 3:15 pm                                                 |
| November 19-21    | Hydration Testing                | TBD                                                     |
| November 25th     | Tri dual millard and Beaver      | 4:30 weigh in, 5:30 pm - HOME (aux gym)                 |
| November 27-30    | Thanksgiving Moratorium          |                                                         |
| December 5-6      | Knight Time Madness @ Northridge | Leave 8:30 am, weigh in 12:00 pm, start 2:00 pm         |
| December 12th     | Parawon                          | Leave 10:30 am, weigh in 1:00 pm, start 3:00 pm         |
| December 17       | tri dual @ millard               | Leave 2:40, 4:30 weigh in, start 5:30 pm - AWAY         |
| December 20th     | Trinity Battles                  | Leave 4:00 am, weigh in 8:00 am, start 9:30 am          |
| December 21-25    | Christmas Moratorium             |                                                         |
| January 1st       | New Years Moratorium             |                                                         |
| January 2nd & 3rd | Winter Classic                   | TBD,                                                    |
| January 7         | Tri Dual ALA & NS                | 4:30 weigh in, start 6:30 pm - HOME (aux gym)           |
| January 9         | Mt. View Tournament              | Leave 8:20 am, weigh in 10:00 am, start 11:30 am        |
| January 10        | Tintic Tournament                | Leave 6:00 am, Weigh in 8:00 am, start 9:30 am          |
| January 14        | Tri dual Manti & Gunnison        | 4:30 weigh in, 5:30 start-Home (SENIOR NIGHT) Palladium |
| January 17        | End of Season                    |                                                         |
| January 23-24     | Divisionals - Union High         | Leave the evening before                                |
| February 4-5      | State Tournament                 | SVC, leave the evening before                           |