

# MENTAL HEALTH SERVICES



## MENTAL HEALTH SERVICES CONTACTS

Delta Community Hospital ..... 435.864.5591

Fillmore Community Hospital ..... 435.743.5591

Millard Behavioral Health  
Community Network ..... 435.864.1512

## MENTAL HEALTH EMERGENCY NUMBERS

Life-Threatening Emergency ..... 911

Local Crisis Line ..... 877.469.2822

National Suicide Prevention Lifeline ..... 800.273.8255

National Suicide Prevention Lifeline  
Text Telephone for the Deaf and  
Hard of Hearing ..... 800.799.4889



126 White Sage Avenue  
Delta, Utah 84624

[DeltaCommunityHospital.org](http://DeltaCommunityHospital.org)  
[Facebook.com/DeltaCommunityHospital](https://www.facebook.com/DeltaCommunityHospital)



674 South Highway 99  
Fillmore, Utah 84631

[FillmoreCommunityHospital.org](http://FillmoreCommunityHospital.org)  
[Facebook.com/FillmoreHospital](https://www.facebook.com/FillmoreHospital)



# MENTAL HEALTH SERVICES

Delta and Fillmore Community Hospitals believe that the responsibility of providing healthcare to our community goes beyond just physical health — it includes caring for mental health as well. And we are pleased to be able to offer a variety of mental health services available to patients who are underinsured (without mental health coverage), have deductibles over \$1,000, or are uninsured.

Mental health illnesses appear through many symptoms, including:

- FEELING DOWN, DEPRESSED, OR HOPELESS
- AN INABILITY TO CONCENTRATE
- CONSTANTLY FEELING TIRED
- DEPENDENCY ON SUBSTANCES
- ANXIETY
- THOUGHTS OF HURTING YOURSELF OR OTHERS
- AND MANY MORE...

Our team of clinical social workers, mental health counselors, support staff, and physicians help to provide the following mental health services to those who qualify.

## ADULT MENTAL HEALTH SERVICES

Qualifying adults can receive regular visits with a social worker or counselor, medication management with a physician, and prescription assistance at local pharmacies. These services are offered for a small fee.

## CHILD/ADOLESCENT MENTAL HEALTH SERVICES

Once qualified, children and adolescents from the ages of two to 18 years can receive regular visits with a social worker or counselor, medication management with a physician, and prescription assistance at a local pharmacy. These services are offered for a small fee.



## ONLINE HEALTH TOPICS LIBRARY

Intermountain Healthcare provides an online library of patient education including various mental health conditions through our Health Topics Library located at [intermountainhealthcare.org/health-resources](http://intermountainhealthcare.org/health-resources).

There, you can access educational brochures and fact sheets that provide current information and treatment options about various mental health conditions for patients and their families. These educational pieces cover many topics ranging from addiction and anxiety to depression and suicide prevention — available in both English and Spanish.

## MILLARD BEHAVIORAL HEALTH RESOURCE GUIDE

This guide is a compilation of the area's mental health emergency numbers, addiction recovery support groups, counseling services, employment and job training, family support services, as well as food bank information, transportation assistance, legal aid, and more. A copy is available at the reception area of the hospital or by calling 435.864.1512.