Delta South Elementary



Bunny Business

School Reconvenes: Tuesday, January 3

2nd Term Ends: Wednesday, January II

Martin Luther King Day: Monday, January 16 No School

Preschool Tuition due for 3rd Term Tuesday, January 17

Hawaii Day Tuesday, January 24

Community Council Monday, January 30

Big Smiles Dentist Monday, February 27th.



It is cold outside, don't forget to dress warmly!

> Don't Forget to Check Us Out on

facebook.

The Bunny Bulletin



Volume 6 Issue 5

January I, 2023

Principal's Message

Through the months of acquire daily. January and February we portant that students atwill be covering a lot of material and moving fairly quickly through the curriculum. are perhaps the most distraction-free of the year. This provides us with a wonderful opportunity to really focus on the academic advancement of our students. The learning process requires that students develop academic skills and to build upon the knowledge that they

It is imtend regularly and come to school prepared to learn. We appreciate These weeks | your efforts in encouraging your children and in helping them at home. Our PCCR's will be

held on Feb 22nd and 23rd. We will review the progress of your students with you during this time.

The **DENTIST** is **COMING** to SCHOOL!!!

Did you know that dental disease results in 51 million lost school hours every year! Let's us help you. The BIG SMILES Program, its affiliated dentists and dental hygienists will be visiting Delta South Elementary on Monday February 1, 2023. The dental team sets up an in-school "dental of-fice for the day" and provides the necessary dental care for each student. Every child seen gets a dental "report card" to take home and a FREE TOOTHBRUSH. Applications were sent out before Thanksgiving break and are due by Friday January 27th, 2023. If you need an application, please stop by the school office at any time. You can also register online at www.MySchoolDentist.com.

Media News

Happy New Year! I hope you all had a great Christmas break. Just a reminder, your Yellow Bingo cards need to be turned in by Jan 6th. This is our halfway mark for our Reading

If you are running out of books to read or need help with one you may not have, Delta City Library is a great resource.

Sora is also a great way to access a digital book on the go. (soraapp.com/ library/sedc)

Slam Dunk Reading Challenge & Counselor Corner

I can't believe we're in 2023 already! It has been a genuine pleasure to work with your kiddos here at DSES, and they continue to amaze me every day! Our annual reading challenge is going well too! Mrs. Priest's preschoolers are in the lead with over 20,000 minutes read, and we have 5 additional classes with over 15,000 minutes read! Please encourage your student(s) to continue

reading and to turn in their calendars...We really want to dunk Mr. R at the end of the school

This month, my lesson will focus on recognizing anger and dealing with it the right way. One suggestion for you to try at home when your kiddos get angry, is to challenge them to see how long they can stand on one foot. Then switch to the other foot and see how long they can stay standing.

This is part of my favorite emotion management technique-shifting focus (or more commonly called distraction!) As your child accepts the challenge to test out their balance, they focus their energy on something positive, and even using their muscles to balance engages their body's emotion management response. Give it a try and see if your kiddo(s) calm down from the distraction!

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Guidelines for keeping students home from school due to illness

Cold and flu season is in full swing, and the Millard School District School Nurses are aware that it is sometimes difficult to decide when and how long to keep an ill student home from school. The timing of the absence is often important in order to decrease the spread of illness to others, and to prevent the student from acquiring any other illnesses while his/her resistance is lowered. The following guidelines represent some of the more common illnesses and are based upon the CDC and Utah Department of Health recommendations.

COMMON COLD: Symptoms can include sore throat, watery discharge from the nose and eyes, sneezing, chills and generalized discomfort. The student should remain home if symptoms are serious enough to interfere with their ability to learn. Medical care should be obtained if fever develops, if symptoms persist beyond 10 days, or if symptoms are severe or unusual.

FEVER: Fever is a symptom indicating the presence of an illness. If the student's tempera-

ture is 100 degrees or greater, he/she will be sent home and should remain home until he/ she has been fever-free, without the use of fever-reducing medications, for a full 24 hours. FLU: Abrupt onset of fever, chills, headache and sore muscles. A runny nose, sore throat, and cough are also common. The student should remain at home if symptoms are serious enough to interfere with their ability to learn, and until the student is fever-free, without the use of fever-reducing medications, for a full 24 hours.

P I N K E Y E (CONJUCTIVITIS): Symptoms include redness of the eye or eyelid, thick and purulent (pus) discharge, matted eyelashes, burning, itching, or eye pain. The student will be sent home from school and should remain home until after 24 hours of antibiotic treatment has been completed.

STREP THROAT: Symptoms can include fever, a red throat with pus spots, and tender, swollen glands of the neck. The student should remain home from school until after 24 hours of antibiotic treatment

has been completed. A doctor's note is required for readmittance.

YOMITING AND/OR DI-ARRHEA (INTESTINAL VIRAL INFECTIONS):

Symptoms can include stomach ache, cramping, nausea, vomiting and/or diarrhea, possible fever, headache, and body aches. The student will be sent home from school and should remain at home until he/she has been free of vomiting, diarrhea and fever, without the use of symptom-reducing medication, for a full 24 hours. Remember: An ounce of prevention is worth a pound of cure. You can help prevent the spread of illness by staying home when sick, washing your hands, covering your cough and sneeze, and disinfecting surfaces. Please contact Jamie Barrus (School Nurse) (801) 358-1404 with any questions or concerns, and remember to keep your emergency contact information updated, so you can be reached when needed.



Martin Luther
King Day
Monday, January
16th.
NO SCHOOL!

Delta Area Chamber of Commerce Reading Program



"Reading is to the mind what exercise is to the body." Sir Richard Steele Congratulations to all of the students that met their goal and read or were read to for 400 minutes or more during the month of December! These students will receive a certificate for a soft serve Ice Cream with a minimum purchase of \$5.00 from

Ashton Meats. The certificate must be redeemed by Tuesday, January 31.

Students that read or are read to 400 minutes or more during the month of January will earn a certificate for a free (1) 10" cheese or pepperoni pizza from

Red Rabbit Grill.

Don't forget to turn in your December reading calendar by **Friday**, **January 13th**.

We would like to thank our sponsors for supporting our school and students!

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