Cu un	Mon	Tue	Wod	Thu	E.:	Set
Sun	Mon	Tue	Wed	Thu	Fri	Sat
Try to follow along daily until 2023!	28 Do a favor for someone who ▶ needs it	29 Compliment several people today	30 Tell someone why they are special to you	1 Tell a joke to someone who is having a bad day	2 Be kind to yourself!	3 Call your grandparents and ask about their childhoods
4	5	6 Say three	7	8	9	10
Read a story to someone	Tell someone you are happy to see them	positive things to yourself first thing in the morning	Teach someone something new	Say hello to everyone you see	Offer to babysit to babysit or cleanup	Set the table for dinner
11 Write a	12	13	14	15	16	17
thank you note to someone who made a difference	Make and send a holiday card	Pick up litter around school and/or at home	Pay off a tab or buy someone a treat	Take the day to NOT complain	Take time to thank those who help you	Draw a picture for someone
18	19 Leave kind	20	21	22	23	24
Make or buy treats to share with others	post-it note messages on random lockers	Write a poem for a friend	Sing for the elderly!	Help someone with their chores	Get some friends and go caroling!	Shovel snow for a neighbor
25	26	27	28	29	30 Make some	31
Call or text someone you miss	Offer to help your parents with tasks	Donate toys and clothes to those in need	Feed the birds	Share an inspirational quote	hot cocoa, tea, or coffee for someone	Make a list of nice things to do in 2023 !

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COUNTING DOWN TO THE NEW YEAR

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-with Random Acts of Kindness!