



# Fillmore Middle School MUSTANGS



January 2021

## Christmas spirit week at FMS

Mrs. Mitchell and the student council planned and carried out a Christmas Spirit Week the last week before the



break complete with prizes. There was a pajama day, a crazy hair day,

and an ugly sweater / crazy mask day. We really enjoyed seeing what inventive ideas the students came up with. We also



had great participation, so thanks to the students for making it fun!



## Principal's message:

We are thrilled with the latest guidelines from our Central Utah Health District regarding school quarantine protocols. Check this out –

Monitoring of school quarantines in the Central Utah Health District from August through early December has shown less than 0.5% of individuals in mask-to-mask exposures testing positive for COVID-19. Due to this data, along with numerous studies showing the efficacy of proper mask wearing in significantly reducing the spread of COVID-19, we feel there is precedence for adjusting school quarantine protocols.

The recommended procedures are as follows:

1. Positive case is identified and reported to the school.
2. The school initiates contact tracing to assess potential school exposures. For those who are considered exposed, mask wearing is evaluated.
  - a. If the exposure was mask-to-mask (both the positive case and the exposed individual were following proper mask protocols), the exposure is considered low-risk. The exposed individual is not quarantined, but the individual/parent is notified of the exposure and advised to watch for the development of symptoms.
  - b. If the exposure was not mask-to-mask, or if masks were not worn properly, then the exposure is considered higher-risk. The exposed individual is quarantined for 10 days but has the option to test on day 7 and return to school if not symptomatic.
  - c. Exposures due to a positive case in the same household will still require a full 10-day quarantine due to the high-risk nature of the exposure.

We are so proud of our students for rising to the challenge of mask wearing. Keep it up, they are working!

## UPCOMING EVENTS

**Jan. 4—School reconvenes**

**Jan. 13—2nd term ends**

**Jan. 13—Community Council Meeting 3:00**

**Jan. 18—Martin Luther King Day—No school for students**

## Sub for Santa Coin Drive

We had a wonderful response to our Coin drive so

Thank You

for your extremely generous donations! We were able to present a check for \$2259.17 to the local Sub for Santa program and they will make sure it is delivered to families in our Community in need.



## Gingerbread houses

Thank you to all of our students who participated in the “build



a gingerbread house” competition. The entries were creative and resourceful! We love seeing your imaginations at work. Keep it up!

## Reading Contest

Mrs. Holt had a fun contest in the Media Center - if you were “caught reading” on your own time, then you were given a ticket to write your name on and put into a drawing. The winners of the contest were Victoria Kolev, Morgan Aleman, Serenity Huffer, Kyle Stevens, Rendon Whatcott, and Berkeley Stephens. Thanks for making reading enjoyable Mrs. Holt!



## Lunchroom students for January

Our lunchroom students for the month of January are DaLery Arnold and Dan Gates.

These students are always willing to help out with a smile.

They always remember their manners. We appreciate the wonderful example they are to the younger students. Thanks DaLery and Dan!



## Ms. Crook

Ms. Crook is our new ELA / dance instructor at FMS. She was born in Provo, UT. She is the oldest of 5 children. She has two younger brothers and two younger sisters. She spent her childhood in Fillmore. When she was in high school, she went repelling with some friends and she got her hair stuck in the figure eight. It was twisted and wound so tight that she almost had to have it cut off at the scalp. After she graduated from Millard High school, she went on to further her education at BYU-I where she earned her Bachelor's degree. She majored in English and minored in dance.

She went on to earn her Master's in business from Western Governors University. She suffered from severe nausea throughout her pregnancy with her daughter Claire. During a dinner date, she got overwhelmed with sickness, and threw up on the table. No word if they ever went to that restaurant again! She has been blessed with two beautiful children—Claire is seven, and Dawson is five. Each of her children has a pet kitten for them to take care of as a good way to learn empathy and responsibility. Prior to working at FMS, she worked as a copywriter for ICON Health and Fitness, a dance teacher for Rocky Mountain Stars, and a teacher at Kokopelli school of Music and Art. She loves to dance and read. Some of her other hobbies include crafting, writing, and hiking. She also enjoys cooking, travelling, and trying new things. Her favorite snacks include chips and Nutella—sometimes together! She also loves salad. She says it is all about balance. We are so excited to have Ms. Crook here working with us at Fillmore Middle school. She is a wonderful addition to our faculty. We are looking forward to getting to know her better!

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