## Fillmore Middle School Community Council – October 4, 2023

Attendees include:

Jeremy Teeples Kathy Kesler
Jody Lawhorn JD Stevens
Ian Adams Amy Despain
Kari Shields Isaac Wallin

Motion to begin meeting at 3:12 Jeremy Teeples.

Annual training meeting – District office has asked individual schools to please handle the annual training.

New members welcomed. Kathy Kesler and Jody Lawhorn are the new faculty members. Amy Despain and Ben Coray are the new parent members.

All Community Council meeting minutes will be available on Fillmore Middle Schools Boarddocs. If you are interested in accessing them, <u>Click here</u> – In the top right corner there is a drop down – select Fillmore Middle Community Council – Meetings will show up - click the date of the meeting you would like to access. The October 4, 2023, annual training meeting slideshow along with some short videos are currently available. Along with Boarddocs, we have posted on our Fillmore Middle School meeting minutes, agendas, website members names, and emails.

Community Council members will also work as our safety committee for our safety plan. Meeting dates are available on boarddocs as well as the school's webpage.

Our media specialist, Liza Staples, is willing to take on digital citizenship requirements. This will be done through commonsense.org. There are six lessons for each grade level.

Time was turned over to Mr. Wallin. He expressed a desire for people to be aware of what outside resources are available for therapy for students. Therapy can be expensive and sometimes families need extra help to meet the costs.

- There is a therapist coming to the school once a week for two hours at a time. He will target the students most in need as well as provide a group therapy session to accommodate a greater number of at-risk students. There are quite a few 5<sup>th</sup>/6<sup>th</sup> grade students struggling with anxiety and this will focus on a session with some of them.
- Kim Robison has her master's degree in social work and is ready and willing to take on some students. She is working through sandstone.
- Jeff Robison is also branching out will have office at clinic or hospital. Grant money should be available we will bring the details as we get them.

Mr. Wallin will be spending more time in the classrooms this year and has a focus for every month.

- August bullying prevention he presented the SafeUT app.
- September suicide prevention Trujillo Amie did an assembly.

- October Red Ribbon Week
- November tech usage digital well-being. Over usage and unregulated usage to be addressed.
- December College and Career readiness
- January Anxiety and depression
- February Mindfulness
- March Addiction
- April Stress management / coping skills
- May CCR 8<sup>th</sup> graders

Motion by Amy Despain made to vote for a chair and vice chair – Ian Adams seconded. Karilyn Shields nominated by Ian Adams as chair. Ian Adams nominated by Karilyn Shields as vice chair. Everyone in favor of chair, vice chair – unanimous.

Thank you for your willingness to serve on community council. Next meeting, we will have copies of last years plan. Will set up the Trustlands so that it will be available in a Google sheet tracker to help track expenditures. Next meeting will be held on Wednesday, November 8, 2023, at 3:00 PM in the Media center. Motion to adjourn at 4:00 by Ian Adams – seconded by Karilyn Shields.