

COLLEGE AND CAREER READINESS

How to use the High
School years to prepare
for your future!



FRESHMEN

Pre-Survey!

<https://forms.gle/1DLyTgUy4vmBghbgA>



Everyone Sign up for a PCCR meeting!

- I need to meet with every Freshman and their parent!
- Required!
- Sign up for a time on the schedule – you can change your appointment by calling the school or going to the link I sent you in your email
- Fill out the letter home with the appointment time you signed up for
- Come!!!
- You will be put in for a drawing for an MHS T-shirt if you come with your parent!



WHAT 9TH GRADERS NEED TO KNOW

6 Tips for Navigating High School!

The choices you make now matter and set the stage for the rest of your life. College and a career are in your very near future

TIP #1: GET INVOLVED!



- Find out about yourself
 - Do you like: Sports, Art, Rodeo, Theatre, Swimming, Business, Computers, Journalism...?
 - Do at least one extracurricular activity: Music, Sports, Clubs, Student Government, etc.
- Extracurricular involvement looks great on resume's for jobs, and college/scholarship applications.
- Studies have shown that involved kids like high school more and get better grades, so **GET INVOLVED!!** (Blum, p.1)



Keep track of all your involvements and accomplishments for filling out college/scholarship/job applications.

- **Keep a record of the following types of things and the dates they happened:**

- Extra curricular activities: Sports, Music, Clubs, etc.
- Educational achievements – science fair, essay contests, National Honor Society
- Service opportunities – in the school or community
- Leadership opportunities – in the school or community
- Awards and recognition – Music, sports, academics, etc.
- Summer Camps – Music, Sports, Leadership, Science, Girl's/Boys State
- Private lessons – Music, Sports, etc.
- Employment
- Volunteer work
- Any involvements at all – Junior American Legion, Youth town council, private performances
- Take Pictures - if you plan to be a sterling scholar you will need pics for a portfolio



Tip #2: MAKE NEW FRIENDS!!!

- You can't have too many friends.
- Be a POSITIVE friend yourself!
- Remember to be your own best friend and biggest cheerleader.
- Don't wait for your friends to get involved.
Get involved and make friends everywhere you go.



Tip #3 Have a positive attitude

THE POWER OF YET!



I CAN'T
DO THIS...
YET

THIS DOESN'T
WORK...
YET

I'M
NOT GOOD
AT THIS...
YET

I DON'T
UNDERSTAND...
YET

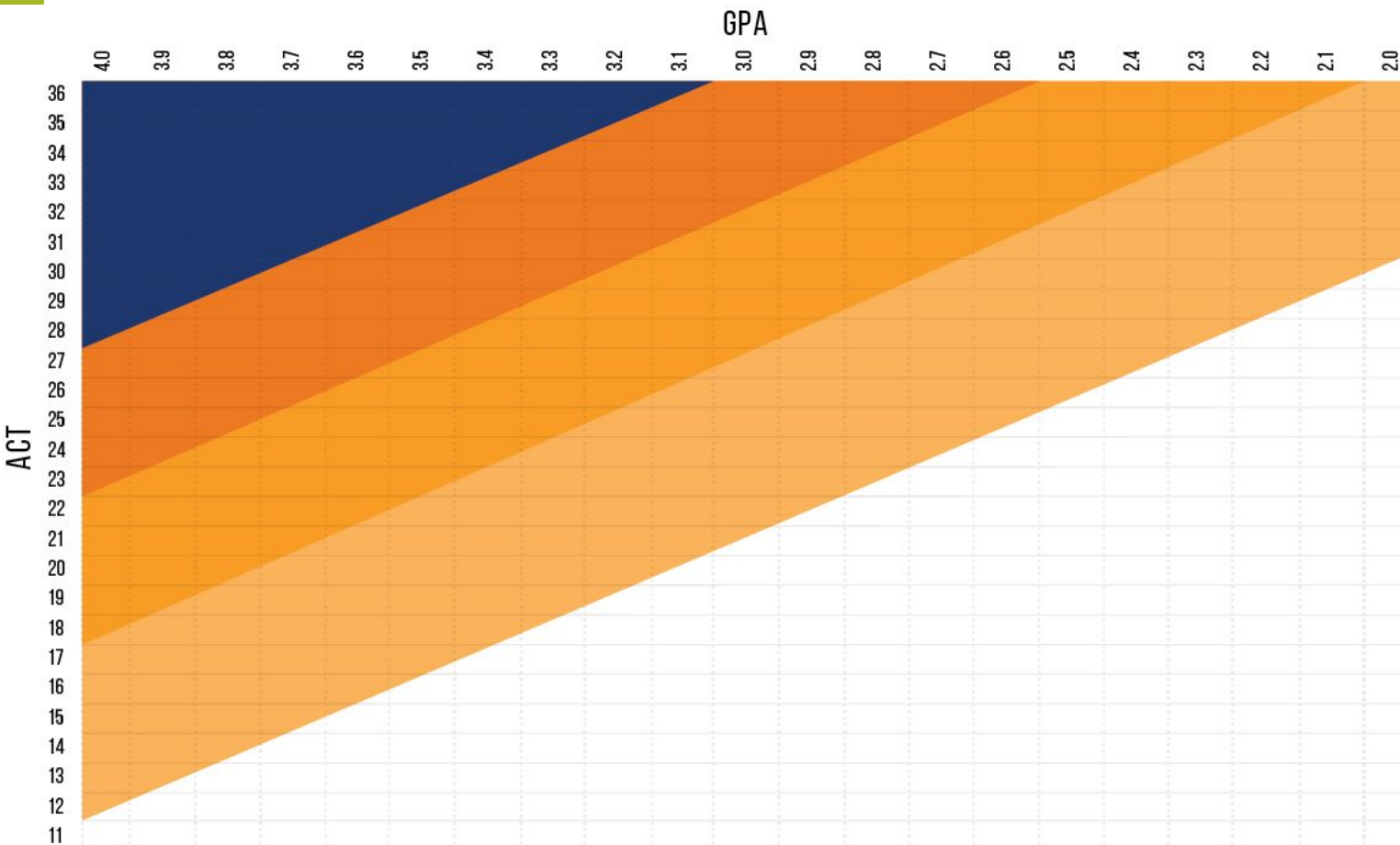
I DON'T
KNOW THE
ANSWER...
YET

Tip #4: A Good Education Matters''

- **Good Attendance** leads to better grades.
 - **Good grades** are a sign you might be learning something!
 - If you are **learning** something, then you are getting an education.
 - Getting a **good education** helps you:
 - Be prepared for college
 - Have the knowledge you need to enter the work force
 - Socially - makes you a well rounded, knowledgeable and interesting person
 - Do well on the ACT college entrance exam -
good grades + good ACT score = \$\$\$\$
- ***So, take charge of your education! Don't let yourself struggle.
Ask for help if you need it!**



Scholarship Table/Calculator – Every college website has one. Here is Snow College’s for 2020-2021



Scholarship Calculator

GPA:

0.00 - 4.00

ACT:

0 - 36

Your Scholarship Index Score:

UTAH RESIDENT ACADEMIC SCHOLARSHIP CHART

Index Score	Scholarship Level
64+	Presidential Amount: 100% of tuition + student fees; renewable Required GPA and Credits to Maintain Scholarship: 3.7+ and 15 credits Criteria: GPA and ACT/SAT
59-63	Dean Amount: 50% of tuition; renewable Required GPA and Credits to Maintain Scholarship: 3.25+ and 15 credits Criteria: GPA and ACT/SAT
54-58	Academic Achievement Amount: 33% of tuition; renewable Required GPA and Credits to Maintain Scholarship: 3.0+ and 15 credits Criteria: GPA and ACT/SAT
47-53	Honors Amount: 10% of tuition; 1 year Required GPA and Credits to Maintain Scholarship: 3.0+ and 12 credits Criteria: GPA and ACT/SAT

Consider taking the ACT at least twice!
It's good practice! Highest score counts.

Go to act.org to sign up



Millard High School Class Rank Formula

High Honor/Honor, Valedictorian/ Salutatorian Selection Process

- Top 20% at the end of the 3rd quarter of the senior year.
 - Must be in good standing in academics as well as citizenship.
 - No F's in required classes or during Senior year
- Highest total points will be named the Valedictorian. Second highest named Salutatorian. If there's a tie, each will be honored as co-Valedictorians/Salutatorians.
 - GPA (minimum 3.5) – 4 points max
 - ACT composite score divided by 9 – 4 points max
 - Academic courses (Face to Face & IVC College classes, Chemistry and Physics) – 4 points max

Tip #5 Start funding your college education NOW!!

Open up a savings account - UTAH EDUCATIONAL SAVINGS PLAN (UESP) at UESP.org

- Decide how much, a percentage, of every cent you earn or get will go into savings for your future.
- Stick to your plan. You will be glad you did when it is time to go off on your own.

Plan on doing well in high school and being involved in activities so you can get scholarships based on merit (good grades and ACT scores) and what you have accomplished in other ways.

- **Types of scholarships:**

- Academic
- Athletic
- Leadership
- Service
- Field of experience/expertise (Drama, Music, Science, Math, Health, etc.)
- Local scholarships based on where your parents work or where you live, overcoming a disability, or whatever people in your community have established (ask your school counselor about these)
- Need Based – fill out the FAFSA (Free Application for Federal Student Aid)



Tip #6 With your school counselor and guardian/s, develop a 4-year High School Plan:



- High School graduation requirements
 - College entrance requirements
 - Regents Scholarship requirements
- NCAA requirements (to play college sports)
 - CTE Pathway courses
- College/High school Concurrent Enrollment courses

4 YEAR HIGH SCHOOL PLAN – Suggested Sequence

Graduation Requirements – 28 Credits (9 credits possible each year)

*Required credits for High School Graduation

9 th GRADE Explore College & Career		10 th GRADE Plan College & Career		11 th GRADE Decide College & Career		12 th GRADE Apply to College & Career	
*Language Arts 9	1	*Language Arts 10	1	*Language Arts 11	1	*Language Arts 12 or alt.	1
*Secondary Math I	1	*Secondary Math II	1	*Secondary Math III	1	College Math - _____	1
*Found. Science - _____	1	*Found. Science - _____	1	*Elective Science - _____	1	*U.S. Gov .5/Financial Lit .5	1
*Geography	1	*World Civilizations	1	*U.S. History	1	*Other Electives- Study Skills, Spanish, Release Time, CTE pathway, College...	
*PE: Fit 4 Life/*Business Office Specialist	1	*Health.5/Computer Science Princ.	1	5 th : ACT Prep .5/ _____ .5	1	_____	1
* Required Electives		*Required Electives		*Other Electives- Study Skills, Spanish, Release Time, CTE pathway, College...		_____	1
*Fine Arts	1	*Fine Arts .5/ _____ .5	1	_____	1	_____	1
*CTE	1	*PE: Part. Skills/ Individ. Lifetime Act.	1	_____	1	_____	1
*Other Electives- Study Skills, Spanish, Release Time, CTE pathway...		*Other Electives- Study Skills, Spanish, Release Time, CTE pathway, College...		_____	1	_____	1
_____	1	_____	1	_____	1	5 th : _____	1
5 th : _____	1	5 th : _____	1	_____		_____	
TOTAL CREDITS	9	TOTAL CREDITS	9	TOTAL CREDITS	9	TOTAL CREDITS	9

We encourage students to take advantage of electives to pursue courses in:

CTE Pathways

Concurrent college enrollment through SNOW college (General Education Letter is possible)

College Entrance Requirements

Scholarship Requirements (such as the Regent's Scholarship)

When taking high school classes, keep in mind:

- High School graduation requirements
- College entrance requirements – 4th year of math, foreign language
- Scholarship requirements:
 - Regents
 - Sterling Scholar – Talk to Mrs. Keel
 - Colleges
- Requirements to play college sports (NCAA)
- CTE Pathway classes
- College classes in high school



You can do **COLLEGE** in High School!

- You can take **SNOW** college classes JR & SR year (Soph. year with approval) - **3.5 GPA required**
- One college class can cost hundreds of dollars. Taking the same class in high school through Snow College IVC (Interactive Video Conferencing) or concurrent enrollment is usually **\$15 a class**.
- Some college classes can fill both High School requirements & College General Education requirements (classes everyone has to take no matter what major).
 - English 1010 Expository Composition **instead of** High school Language arts 12 (Sr year)
 - Political Science 1100 American National Gov. **instead of** High school U.S. Government (Sr year)
 - Business 1210 Personal Finance **instead of** High School General Financial Literacy (Sr Year)
 - French 1010 and 1020 **instead of** High School Spanish 1 and 2
- Snow College General Education certificate of completion –
 - Gets you a year and a half ahead in college.
 - You have to take about 6 specific college classes your Junior and Senior year.
 - Snow college classes transfer easily to the other public universities in Utah.
 - All public Utah colleges recognize the Snow letter of completion and wave all general education requirements if you have it.
You can begin work on your major and electives.
- Talk to Janell Stephenson if interested in working toward an Associate Degree while in High School



CTE (Career and Technical Education) Pathways



- Helps students explore career options by taking classes connected to particular careers. If all classes for a pathway are successfully completed, a certificate is given and a special cord is worn at graduation.
- Provides strong academic skills, hands-on learning and real-world problem-solving skills.
- Gives students practical and on-the-job training experience to prepare for a successful career in today's competitive job market. Studies reveal a strong correlation between technical skills and employability.
- Prepares students to pursue any education option they wish: on the job certification program, technical school, two-year college, or four-year college.
- Some classes earn college credit in High School.
- Helps the student learn skills today that will be used tomorrow.
- <https://schools.utah.gov/cte/pathways>

OPPORTUNITY SCHOLARSHIP

This is not a competitive scholarship!

If you meet the requirements and apply on time, you will receive the scholarship.

Scholarship amount varies based on program funding, your financial need and the following requirements:

- Earn a 3.3 cumulative high school GPA
- Complete 1 college level course in each of the core areas of high school graduation:
 - Math - Math 1030, 1040, 1050 (with Mr. Hansen)
 - Science - Physics (with Mr. Hansen), Human Biology (IVC), Chemistry (IVC)
 - Language arts - English 1010 (with Mrs. Fullmer or through IVC)
- Complete the Free Application for Federal Student Aid (FAFSA)

*** Go to opportunityscholarship.org for more info**



STERLING SCHOLAR

Apply your Jr. year & work on it throughout your Jr. and Sr. year

- Sterling Scholars apply and are named during the Junior year.
- They are recognized and awarded for scholarship, leadership and citizenship in one of the following categories:

General	English	Math
Social Science	Science	Foreign Language
Computer Technology	Family & Consumer Science	Business & Marketing
Speech & Drama	Visual Arts	Music
Dance	Agricultural Science	Trade and Technical Education

- Their Sr. year, they present a portfolio on their work in their specific category and are interviewed by judges.
- Awards are given at the high school, semi-final and finals levels. At the awards ceremony, finalists in all the categories are announced and the overall Sterling Scholar winner is announced.
- Winners may receive scholarships or tuition waivers from participating colleges.
- Ask your school counselor or a supervising teacher for an application and information
- <http://www.sterlingscholar.org/how-do-i-become-a-sterling-scholar/>

Other Scholarships:

- **Local** – Counseling office has information on these
Check with the business where your parents work.
- **Area of interest** (service, entrepreneurship, health career, scouting, STEM, ROTC, etc.) – Search online
- **College Specific** (academic, need based, leadership, involvement, etc.) – Check out the colleges you are interested in online



NCAA.org

If you want to play sports in college, you will need to register at www.eligibilitycenter.org. AND be sure to take the 16 required courses to be eligible. (Get a list from the school counselor)

	Participants at US High Schools	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Men						
Baseball	488,815	34,554	7.1%	2.1%	2.2%	2.8%
Basketball	546,428	18,684	3.4%	1.0%	1.0%	1.4%
Cross Country	257,691	14,412	5.6%	1.9%	1.4%	2.3%
Football	1,083,308	73,660	6.8%	2.6%	1.8%	2.4%
Golf	146,677	8,676	5.9%	2.0%	1.7%	2.2%
Ice Hockey	35,155	4,102	11.7%	4.6%	0.5%	6.5%
Lacrosse	109,522	13,446	12.3%	2.9%	2.3%	7.1%
Soccer	440,322	24,803	5.6%	1.3%	1.5%	2.8%
Swimming	133,470	9,455	7.1%	2.8%	1.1%	3.2%
Tennis	157,201	8,092	5.1%	1.7%	1.1%	2.4%
Track & Field	591,133	28,334	4.8%	1.9%	1.2%	1.7%
Volleyball	55,417	1,899	3.4%	0.7%	0.8%	1.9%
Water Polo	21,857	1,014	4.6%	2.6%	0.7%	1.3%
Wrestling	250,653	7,075	2.8%	1.0%	0.8%	1.0%
Women						
Basketball	429,380	16,593	3.9%	1.2%	1.1%	1.6%
Cross Country	222,516	15,958	7.2%	2.7%	1.8%	2.7%
Field Hockey	59,793	6,032	10.1%	3.0%	1.2%	5.8%
Golf	74,762	5,293	7.1%	2.9%	2.1%	2.1%
Ice Hockey	9,514	2,289	24.1%	9.0%	1.0%	14.0%
Lacrosse	88,050	11,375	12.9%	3.8%	2.6%	6.5%
Soccer	381,529	27,358	7.2%	2.4%	1.9%	2.9%
Softball	366,685	19,680	5.4%	1.6%	1.6%	2.1%
Swimming	166,747	12,356	7.4%	3.3%	1.1%	3.0%
Tennis	183,800	8,933	4.9%	1.6%	1.1%	2.2%
Track & Field	485,969	29,048	6.0%	2.7%	1.5%	1.8%
Volleyball	436,309	17,119	3.9%	1.2%	1.1%	1.6%
Water Polo	20,230	1,136	5.6%	3.3%	1.0%	1.3%



← NCAA Research – Estimated Probability of Competing in College athletics 2017. (Have a plan B just in case)

Found at http://www.ncaa.org/sites/default/files/2015-16RES_Probability_Chart_Web_20170314.pdf

Remember College is 1,2, 4 or More (years)

1

CERTIFICATE

Often obtained through a technical or trade school.

Entry level employment in a specific occupation

Aviation Pilot,
Diesel Mechanic,
Respiratory
Therapist

2

ASSOCIATE'S DEGREE

2 year Junior
College, 4 year
college or
University

Preparation to
work in a
particular field or
further study

Dental Hygienist,
Web Designer,
Engineering
Tech.

4

BACHELOR'S DEGREE

4 year college or
University

Preparation for
work in a
particular field or
further study

Accountant,
Engineer, Nurse,
Computer
Programmer

Or
More

MASTER'S, PROFESSIONAL, DOCTORATE DEGREEES

University

Preparation for
high level jobs in
Health care,
Education,
Engineering,
Business

Doctor, Lawyer,
Business
Executive,
College Professor

See Utah System of Higher Education Web site: <http://www.utahmajors.org/certificates-and-degrees>

What do you want to be when you grow up?

- **Keys to Success** website can help you: go to ktsutah.org to set up an account or download the APP



What would you like to study?

- Visit UtahMajors.org to research different college majors and the careers they could prepare you for.

In the words of Dr. Seuss:



ANY Questions????

Survey!

GO TO:

<https://forms.gle/z2Agk7EKRS8MVwqZA>

PCCR MEETING:

Build your 4-year plan! Sign up!!

Come with your parent and you will be put in for a drawing for an MHS t-shirt



Also, you will all receive a College and Career Readiness Packet when you come. **FULL of great info!**



**Millard
High School**



College and Career
Readiness
9th and 10th grade Packet

SOPHOMORES

WHAT 10TH GRADERS NEED TO KNOW

Start **EXPLORING** college and career options!

If you haven't already, it's time to start thinking about what you want in terms of college and career goals.

Please Complete this PRE-Survey:

Go to email for link - Look for this email:

Sophomore College and Career Readiness Presentation Surveys

Or type the web address in your browser:

<https://forms.gle/y7nLMWjE5h3X79aX8>

What do you want to be when you grow up?

- Use your [MajorClarity.org](https://www.MajorClarity.org) account to do lots of fun career exploration.



What would you like to study?

- Visit [UtahMajors.org](https://www.UtahMajors.org) to research different college majors and the careers they could prepare you for.

TOP 5 REASONS to go to COLLEGE

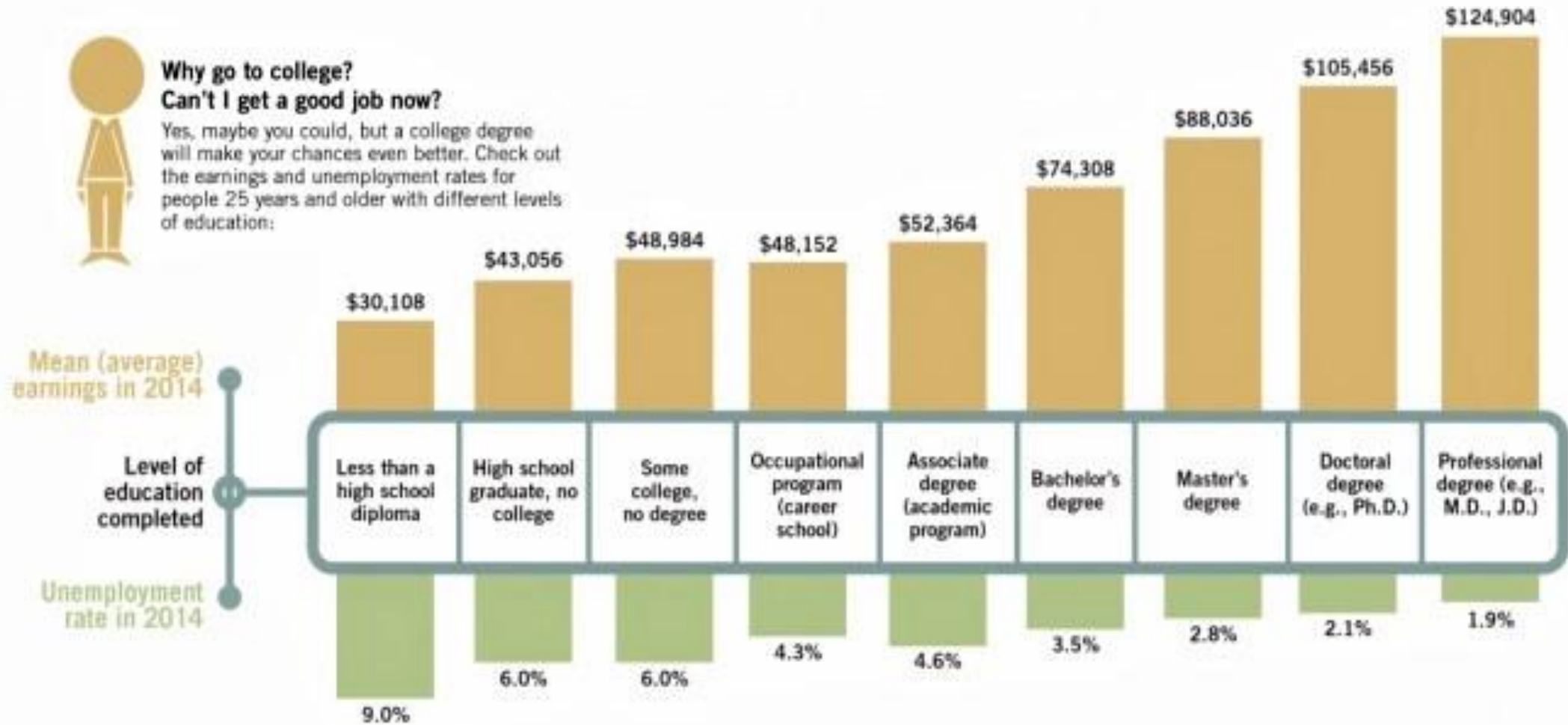
1. **Better Paying Job** – On average, college graduates earn 65% more than high school graduates
2. **More Secure Future** – The more education the more JOB SECURITY! So, that means - the less likely you are to become unemployed





Why go to college? Can't I get a good job now?

Yes, maybe you could, but a college degree will make your chances even better. Check out the earnings and unemployment rates for people 25 years and older with different levels of education:



Source: Bureau of Labor Statistics, Current Population Survey, unpublished tables 2015

Taken from "Federal Student Aid – An Office of the US Department of Education at <https://studentaid.ed.gov/sa/prepare-for-college>

3. **Respect** – Self respect as well as respect from others that can lead to promotions and more responsibility at work.
4. **More Choices** – Doors open up with the more education you get.



5. **Be the FIRST or keep the tradition of Education going –**
College will have a positive impact on you and your entire family before and after you.



The College Years: 1,2, 4 or More

1

CERTIFICATE

Often obtained through a technical or trade school.

Entry level employment in a specific occupation

Aviation Pilot,
Diesel Mechanic,
Respiratory
Therapist

2

ASSOCIATE'S DEGREE

2 year Junior
College, 4 year
college or
University

Preparation to
work in a
particular field or
further study

Dental Hygienist,
Web Designer,
Engineering
Tech.

4

BACHELOR'S DEGREE

4 year college or
University

Preparation for
work in a
particular field or
further study

Accountant,
Engineer, Nurse,
Computer
Programmer

Or
More

MASTER'S, PROFESSIONAL, DOCTORATE DEGEES

University

Preparation for
high level jobs in
Health care,
Education,
Engineering,
Business

Doctor, Lawyer,
Business
Executive,
College Professor

See Utah System of Higher Education Web site: <http://www.utahmajors.org/certificates-and-degrees>

Getting into college basics:

1. Keep your grades up!
2. Study for and Take the ACT college entrance exam.

Consider taking it at least twice!
It's good practice! Highest score counts.

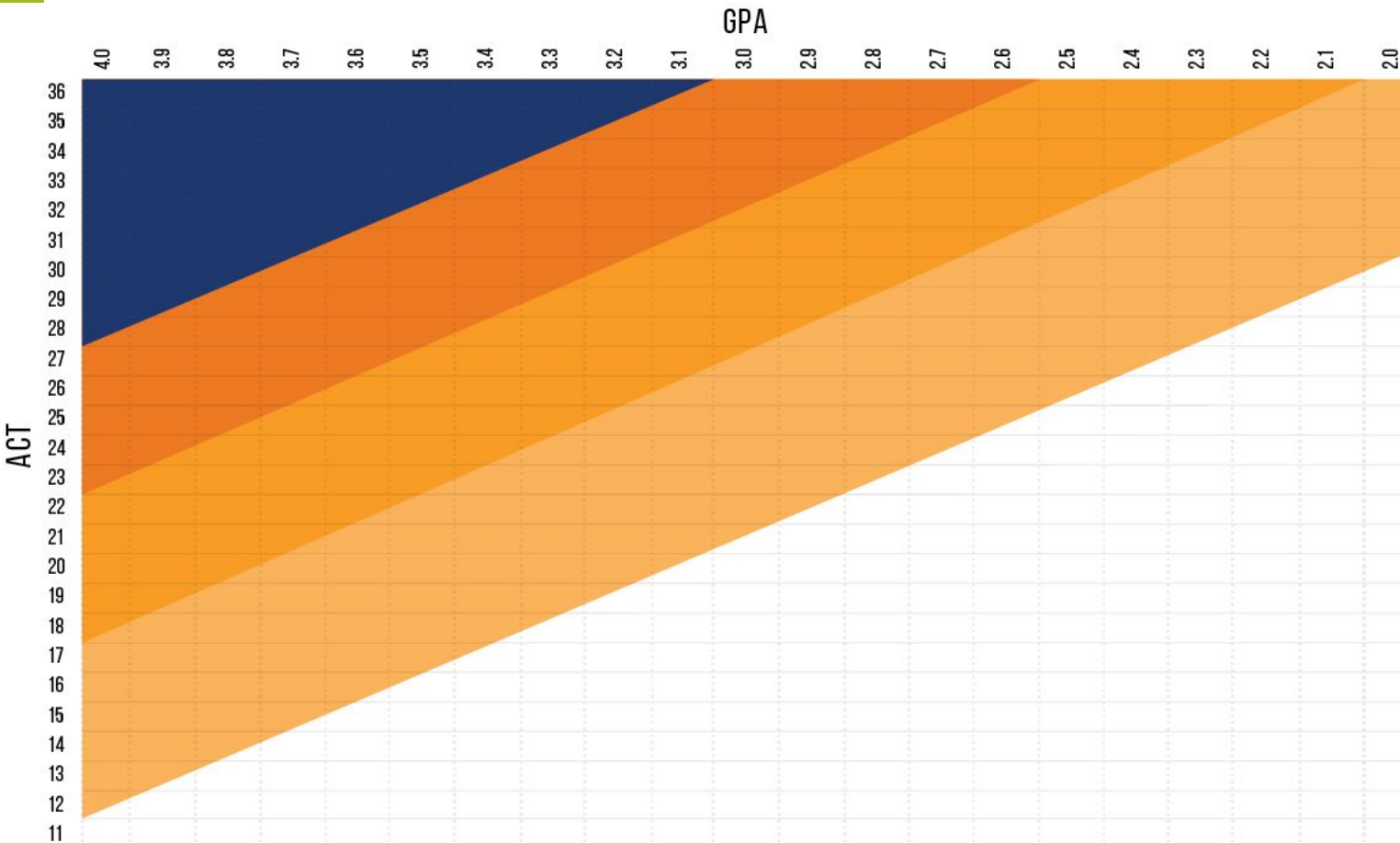
* Check out the counseling bulletin board for info and dates the test is given.

Go to act.org to sign up



College Academic Scholarships

Every college website has a scholarship Table or calculator.
Here is Snow College's for 2020-2021



Scholarship Calculator

GPA:

ACT:

Your Scholarship Index Score:

UTAH RESIDENT ACADEMIC SCHOLARSHIP CHART

Index Score	Scholarship Level
64+	Presidential Amount: 100% of tuition + student fees; renewable Required GPA and Credits to Maintain Scholarship: 3.7+ and 15 credits Criteria: GPA and ACT/SAT
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Registration for next years classes:

- From home, go to powerschool, where you check your grades.
- Click on “class registration” in the left side menu to choose your classes.

The screenshot shows the PowerSchool interface for class registration. At the top left is the PowerSchool logo. The top right contains links for 'Click here for ClassChoice', 'Welcome, Misty Bliss', 'Help', and 'Sign Out'. A dark navigation bar on the left contains icons for Grades and Attendance, Grade History, Attendance History, Teacher Comments, School Bulletin, Class Registration, Balance, and My Calendars. The main content area is titled 'Welcome to the Millard High School Class Registration System for 2018-2019' and includes a 'View course requests' link. Below this, a list of requirements is shown, each with an edit button and a status icon (checkmark or warning).

Requirement	Details	Status
Advisory All students take an Advisory class daily.	Advisor: 0500 - 0 credits	✓
MHS 11th grade required courses Required courses for 11th grade.	ACT Prep: 250212 - 1 credits Language Arts 11: 4110 - 1 credits US History: 8250 - 1 credits	✓
Science Three science credits are required for graduation	Click the edit button to request a course ⇒	✓
11 grade math Secondary math 3 is required for all 11th grade students. Students must have a 3 or 4 on the SAGE test to be in honors.	Click the edit button to request a course ⇒	✓
Electives You must choose one elective from the list to complete your schedule. ELECTIVES SHOULD BE LISTED IN ORDER OF PRIORITY. THEY WILL BE SCHEDULED IN THE ORDER THEY ARE REQUESTED.	Click the edit button to request a course ⇒	!
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When taking high school classes, keep in mind:

- High School graduation requirements
- College entrance requirements – 4th year of math, foreign language
- Scholarship requirements:
 - Opportunity Scholarship
 - Sterling Scholar – Talk to Mrs. Keel, Fullmer, or Rasmussen
 - Colleges
- Requirements to play college sports (NCAA)
- CTE Pathway classes
- College classes in high school



4 YEAR PLAN – Suggested Sequence

Graduation Requirements – 28 Credits (9 credits possible each year)

*Required credits for High School Graduation

9 th GRADE		10 th GRADE		11 th GRADE		12 th GRADE	
*Language Arts 9	1	*Language Arts 10	1	*Language Arts 11	1	*Language Arts 12	1
*Secondary Math I	1	*Secondary Math II	1	*Secondary Math III	1	College Math-recommended	1
*Foundation Science	1	*Foundation Science	1	*Additional Science	1		
*Geography	1	*World Civilizations	1	*U.S. History	1	*U.S. Gov .5/*Fin Lit .5	1
*Participation Skills	1	*PE	.5				
*Fine Arts	1	*Fine Arts	.5				
*CTE	1	*Health.5/*Life Mng.25/Dr.Ed.25	1				
*Computer Tech	.5						
*Electives	1.5	*Electives	3	*Electives	5	Electives	6
TOTAL CREDITS	9	TOTAL CREDITS	9	TOTAL CREDITS	9	TOTAL CREDITS	

We encourage students to take advantage of electives to pursue courses in:

CTE Pathways

Concurrent college enrollment through SNOW college (General Education Letter is possible)

College Entrance Requirements

Scholarship Requirements

ELECTIVES

- **Language Arts (Senior Year):**
 - L.A. 12 or Creative Writing
 - Business Communications
 - English 1010 (Snow CE - IVC or Mrs. Fullmer)
- **College Math (Senior Year):**
 - 1010 Intermediate Algebra - College Prep Math (no college credit)
 - 1030 Quantitative Reasoning
 - 1040 Statistics
 - 1050 College Algebra
- **Science Foundations/Electives:**
 - Earth Science
 - Biology
 - Chemistry
 - Physics
- **Science Electives:**
 - Animal Science
 - Equine Science
 - Ag Science
 - Anatomy and Physiology
- **PE (Sophomore to Senior Year) - Sports, Cheer, Drill Team, Marching Band:**
 - .25 per season (up to .5 count for PE credit)
 - Individual Lifetime Activities – Weight Training
 - Fit for Life
- **Foreign Language:**
 - Spanish I & II (helps with NCAA eligibility)
- **Fine Arts:**
 - Art, Adv. Art, Chorus, Adv. Chorus, Band, Theatre, Dance (Drill Team – if not being used for PE credits), Film Making, Audio Visual Team, Music Appreciation, Interior Design I & II .5/ Fashion Strategies .5, Desktop Publishing, Independent Studio Study (Photography), CAD, college courses
- **CTE (~ college credit):**
 - Intro to Technology, Exploring Business & Marketing, Exercise Science & Sports Medicine, Industrial Arts/Agricultural Tech, Ag Systems Tech I&~II, Leadership Principles., Child Development .5, Early Childhood Education .5, Interior Design I & II .5/ Fashion Strategies .5, Food and Nutrition I&II .5, Furniture Design, Woodworking, Carpentry, ~CAD, ~Accounting I&II, Desktop Publishing (year book), ~Business Management, ~CNA, CTE Internship (job counts for high school credit)
- **Other Electives:**
 - Mythology, Sports Psychology, Summer Ag (.25), Study skills, Fundamental Transitions (special ed), Library Science, ACT Prep, Sports Specialties, Peer Leaders, Peer Tutor (Latino's in Action), Teacher Assistant, Release Time (Seminary for LDS students)
- **SNOW college classes – see list**

CTE (Career and Technical Education) Pathways



- Helps students explore career options by taking classes connected to particular careers. If all classes for a pathway are successfully completed, a certificate is given and a special cord is worn at graduation.
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NCAA.org

If you want to play sports in college, you will need to register at www.eligibilitycenter.org. AND be sure to take the 16 required courses to be eligible. (Get a list from the school counselor)

	Participants at US High Schools	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Men						
Baseball	488,815	34,554	7.1%	2.1%	2.2%	2.8%
Basketball	546,428	18,684	3.4%	1.0%	1.0%	1.4%
Cross Country	257,691	14,412	5.6%	1.9%	1.4%	2.3%
Football	1,083,308	73,660	6.8%	2.6%	1.8%	2.4%
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SCHOLARSHIPS!

OPPORTUNITY SCHOLARSHIP

This is not a competitive scholarship!

If you meet the requirements and apply on time, you will receive the scholarship.

Scholarship amount varies based on program funding, your financial need and the following requirements:

- Earn a 3.3 cumulative high school GPA
- Complete 1 college level course in each of the core areas of high school graduation:
 - Math - Math 1030, 1040, 1050 (with Mr. Hansen)
 - Science - Physics (with Mr. Hansen), Human Biology (IVC), Chemistry (IVC)
 - Language arts - English 1010 (with Mrs. Fullmer or through IVC)
- Complete the Free Application for Federal Student Aid (FAFSA)

*** Go to opportunityscholarship.org for more info**



STERLING SCHOLAR

Apply your Jr. year & work on it throughout your Jr. and Sr. year

- Sterling Scholars apply and are named during the Junior year.
- They are recognized and awarded for scholarship, leadership and citizenship in one of the following categories:

General

Social Science

Computer Technology

Speech & Drama

Dance

English

Science

Family & Consumer Science

Visual Arts

Agricultural Science

Math

Foreign Language

Business & Marketing

Music

Trade and Technical Education

- Their Sr. year, they present a portfolio on their work in their specific category and are interviewed by judges.
- Awards are given at the high school, semi-final and finals levels. At the awards ceremony, finalists in all the categories are announced and the overall Sterling Scholar winner is announced.
- Winners may receive scholarships or tuition waivers from participating colleges.
- Ask your school counselor or a supervising teacher for an application and information
- <http://www.sterlingscholar.org/how-do-i-become-a-sterling-scholar/>

Other Scholarships:

- **Local** – Counseling office has information on these
Check with the business where your parents work.
- **Area of interest** (service, entrepreneurship, health career, scouting, STEM, ROTC, etc.) – Search online google or use a research engine
- **College Specific** (academic, need based, leadership, involvement, etc.) – Check out the colleges you are interested in online



Keep track of all your involvements and accomplishments for filling out college/scholarship/job applications.

- **Keep a record of the following types of things and the dates they happened:**

- Extra curricular activities: Sports, Music, Clubs, etc.
- Educational achievements – science fair, essay contests, National Honor Society
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- Summer Camps – Music, Sports, Leadership, Science, Girl's/Boys State
- Private lessons – Music, Sports, etc.
- Employment
- Volunteer work
- Any involvements at all – Junior American Legion, Youth town council, private performances
- Take Pictures - if you plan to be a sterling scholar you will need pics for a portfolio



You can do COLLEGE in High School!

1. IVC - Interactive Video Conferencing (Janell Stephenson)
 2. Face to Face - in school (Eng 1010, Math 1050, Music 1010, CNA, Woods and Welding)
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 - French 1010 and 1020 **instead of** High School Spanish 1 and 2
 - Snow College General Education Certificate of Completion –
 - Gets you a year and a half ahead in college.
 - You have to take about 6 specific college classes your Junior and Senior year.
 - Snow college classes transfer easily to the other public universities in Utah.
 - All public Utah colleges recognize the Snow letter of completion and wave all general education requirements if you have it.
You can begin work on your major and electives.

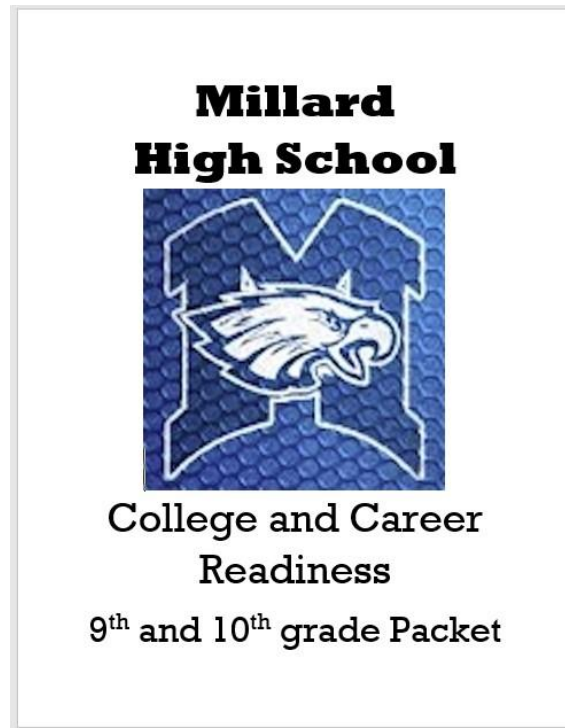
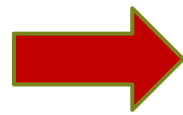


Millard High School Class Rank Formula

High Honor/Honor, Valedictorian/ Salutatorian Selection Process

- Top 20% at the end of the 3rd quarter of the senior year.
 - Must be in good standing in academics as well as citizenship.
 - No F's in required classes or during Senior year
- Highest total points will be named the Valedictorian. Second highest named Salutatorian. If there's a tie, each will be honored as co-Valedictorians/Salutatorians.
 - GPA (minimum 3.5) – 4 points max
 - ACT composite score divided by 9 – 4 points max
 - Academic courses (Face to Face & IVC College classes, Chemistry and Physics) – 4 points max

All the info we discussed and more is in the MHS College and Career Readiness Packet sent to your email. Show it to your parents and talk it over with them!





- **Post survey!**

<https://forms.gle/VNTGWRxdSKJk8KV8A>

Check out the Millard High School
counseling Website!



JUNIORS

UTAH HIGHER ED DAY FOR JUNIORS

* Many colleges will be here to present their school and answer your questions

* Parents are invited

* Tuesday, Feb 25th from 12pm to the end of school

* Lunch will be at 11:30 for Juniors that day.

Higher Ed Day: Barcode Registration

1. Check your school email and spam folder to see if you received a bar code. If you did NOT take the following steps:
2. Go to www.gotocollegefairs.com
3. Select "Students Register Now" – top left
4. Select Utah on the map
5. Select the Higher Ed Day, Feb 25, 2020 Millard High School. Scroll through to find the right page.
6. Select "Register Now" top of the page and complete the **REGISTRATION FORM**
7. **TIPS for competing REGISTRATION FORM:**
 - You will create a username and password – save those
 - Red starred items are required fields. You do not have to know your GPA or ACT score but if you do, enter it. Leave SAT blank.
 - You will be asked to find the school in an advanced search. ONLY ENTER:
 - The first 3 letters of the school name - Mil
 - State - Utah
 - Click Search
 - Choose Millard
 - There is a field that asks if you want to "provide additional info." You are encouraged to provide that info but not required.
7. Select "Print my barcode" and print.
8. Students will receive an email two days before and the day of the fair with their barcode. You can use the printed barcode or display the one in the email on your phone at Higher Ed Day where it will be scanned. (Screenshots are not recommended).
9. A print out of your barcode will be provided at Higher Ed Day

~ VIRTUAL ~
UTAH HIGHER ED DAY
FOR JUNIORS

- * Wed, Feb 10 - 1st and 2nd period in the AUDITORIUM
- * Come straight to the auditorium and stay the whole time!
We will take roll down there.
- * Bring your chromebook, earbuds, and a pencil or pen



**UTAH
HIGHER
EDUCATION
DAY**

**Watch the
INTRODUCTION
VIDEO:**

<https://player.vimeo.com/video/498064571>

Welcome to your virtual Utah Higher Education Day!

To begin you will follow the steps below.

1. Go to <https://www.uacrao.org/Uhed>
2. Click on the 'Begin Here' button that will redirect students to the UHED sign up page.



3. On the UHED sign up page, complete the sign up information and select submit

The screenshot shows a web browser window with a sign-up form for Utah Higher Education Day. On the left, a white box contains the UHED logo and a welcome message. On the right, a registration form is displayed with various input fields and checkboxes.

UHED UTAH HIGHER EDUCATION DAY

Welcome to Utah Higher Education Day

Our admissions team will be here to answer all your questions and help you make the most of your experience with us.

We look forward to chatting with you!

Sign up

First name *

Last name †

Email Address *

State of Birth †

Month † Day † Year †

Level †

Subject (Use †)

Anticipated Start Year *

Tuition (Use †)

Password *

Confirm Password †

Keep me updated about your educational program(s) and future virtual events. (I consent to my email being used for this purpose.)

I have read and agree to the [Terms and Conditions](#) and [Privacy Policy](#) *

Submit

Already have an account? [Log in](#)

4. Students will now have access to the virtual platform

The screenshot shows a web browser displaying the Utah Higher Education Day website. The top navigation bar is blue with the UH ED logo and the text "UTAH HIGHER EDUCATION DAY". Below the header, a white section contains a welcome message and a list of steps for visitors. A video player is embedded on the right side of this section. The video player shows a video with the title "BYU STATE UNIVERSITY" and a play button. Below the video player, there is a large image of students sitting at a table. Overlaid on this image are two white boxes with logos and text. The first box features the BYU logo and the text "Brigham Young University" and a paragraph of text. The second box features the "BYU IDAHO" logo and the text "BYU-Idaho" and another paragraph of text.

UTAH HIGHER EDUCATION DAY

Welcome to Utah Higher Education Day

Thanks for joining us today. To make the most of your time with us, we recommend following these steps:

1. Watch the Welcome video to see highlights and overview of all the higher education institutions available to you.
2. Visit each institution's page to learn more about admissions, programs, etc. College and university representatives are located next to answer your questions. Just click on the chat icon on their page.
3. Use your Higher ED Day Toolkit to save notes on the colleges and departments that fit your interests best.

BYU STATE UNIVERSITY

Brigham Young University

BYU IDAHO

BYU-Idaho

5. Students will follow the steps listed on the page.
 - a. Watch the Welcome Video that highlights each institution.
 - b. Visit the pages of each institution the student are interested in and chat with a live representative.
 - c. Take notes with the UHED booklet provided to each school.

* Students will have access to this page 24/7 clear through the summer so take advantage!



WHAT 11TH GRADERS NEED TO KNOW

Time to Get ready for College and Career!

Take the ACT, watch your grades, go on college campus tours, fulfill college entrance requirements, take concurrent enrollment classes, work on a CTE pathway.

PCCR's coming up in the summer!

Thinking about life after High school-Lots of feelings, lots of choices!

- **College: 1,2,4 or more**
 - **Technical or trade school** (1-2 years for certificate): Career Technical and Education Center, Davis Applied Technology college, many other applied colleges across the state
 - **Junior College** (2 year Associate's degree): Snow College, Salt Lake Community College
 - **4 year College** (2 year Associate's, 4 year Bachelor's): Provo College
 - **University** (2 year Associate's, 4 year Bachelor's, 6+ Masters, 8+ Doctorate/Professional Degrees): USU, UVU, WSU, BYU, SUU, DSU
- **Work (Apprenticeship, Internship – prepare you for a career)**
 - Know how to fill out an application
 - Prepare a resume and a cover letter or letter of intent
 - Know how to interview – how to dress, act, answer questions, be prepared
 - Have marketable skills: effective writing and speaking skills, proficient in current technology time management skills, can work in a team effectively,...
- **Military** – (<http://www.rotc.com/>)
 - Talk to a recruiter
 - Take the ASVAB
 - Be willing to give the military 4 years of your life.
 - Make much more \$ if you go in with a degree (officer status) than as enlisted personnel with no degree
 - ROTC – military pays for you to go to college if you commit to military service when you are done
- **Job Corp** – Government program that helps young people further their education and job skills (see <https://www.jobcorps.gov/>)
- **Service Opportunity (such as a mission) - Apply for College and Scholarships and then DEFER!**



College Application Week

To help you with applying for any post-high school education option that interests you

Loafing is not an option!



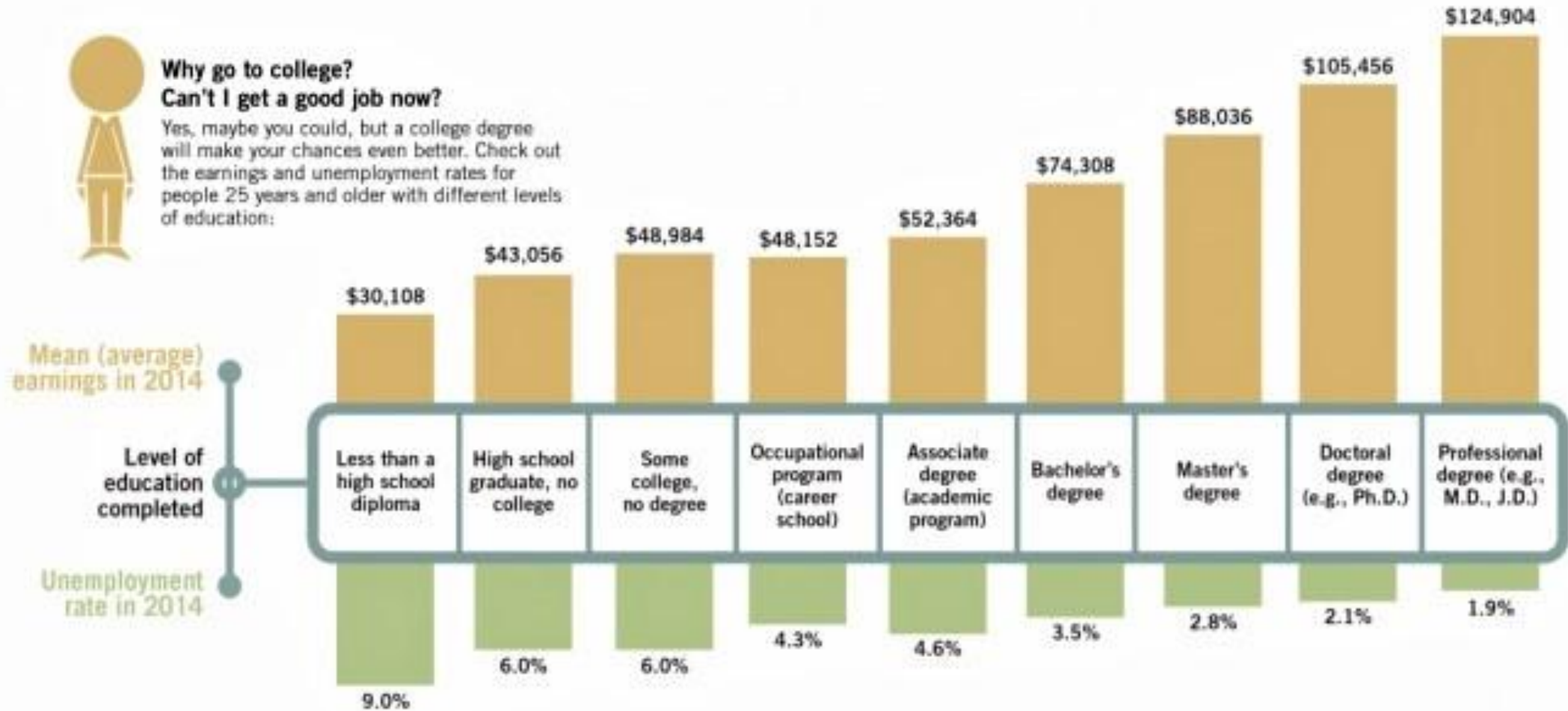
Studio C: Generationals

<https://www.youtube.com/watch?v=jdZlAwrLoPg&list=RDjdZlAwrLoPg&index=1>



Why go to college? Can't I get a good job now?

Yes, maybe you could, but a college degree will make your chances even better. Check out the earnings and unemployment rates for people 25 years and older with different levels of education:



Source: Bureau of Labor Statistics, Current Population Survey, unpublished tables 2015

Taken from "Federal Student Aid – An Office of the US Department of Education at <https://studentaid.ed.gov/sa/prepare-for-college>

What colleges and careers interest you?

Major Clarity is a great place to research your interests and which college and career options are best for you. Also Check out Utahmajors.org to explore what you would like to get a college degree in.

COLLEGE considerations:

- Public or Private?
- Where it is located
- How big it is
- How much it costs
- What majors it offers or specializes in
- What you want your major to be
- What scholarships you can get
- What the students are like who go there

CAREER considerations:

- What field of work am I interested in?
- What jobs are available in that field?
- How much does the job I am most interested in pay?
- How much education will it require?
- Where will I end up living if I do this job?
- What will my duties be?
- What is the job availability outlook?

Trying to Decide on a career can be stressful.
Researching career Interests can help.
Relax and have fun with it!



Studio C: Careers

https://www.youtube.com/watch?v=y5Lfa_zLD1Q

Preparing for college and career



- **STUDY for and take a college entrance exam (ACT or SAT)**
 - The ACT is the college test of choice in Utah
 - If thinking of college outside of Utah, you may want to take the SAT as well
 - All Juniors will take the ACT exam at the high school during their Junior year
 - You can take the test as often as you like. Most often, schools will take your best score – check!
 - STUDY – Lots of free material online and test taking tips are on the counseling bulletin board
 - Last option to take the test in time for college application deadlines is during the 1st semester of your senior year. Check with the college/s you are interested for the deadline to have your score in.
 - See ACT.org for test dates and places
- **Work based learning, internships, job shadowing**
- **For Elective Classes consider:**
 - Concurrent enrollment – Snow college classes
 - CTE Pathways classes - Students explore career options by taking classes connected to particular careers. If all classes for a pathway are successfully completed, a certificate is given and a special medal is worn at graduation.
- **Go on College campus tours** – sign up on college websites
- **Keep your grades up!** Good grades lead to a good ACT score!

Good ACT score + Good Grades = \$\$\$\$

A+

ACADEMIC BASED SCHOLARSHIPS



College Academic Scholarships

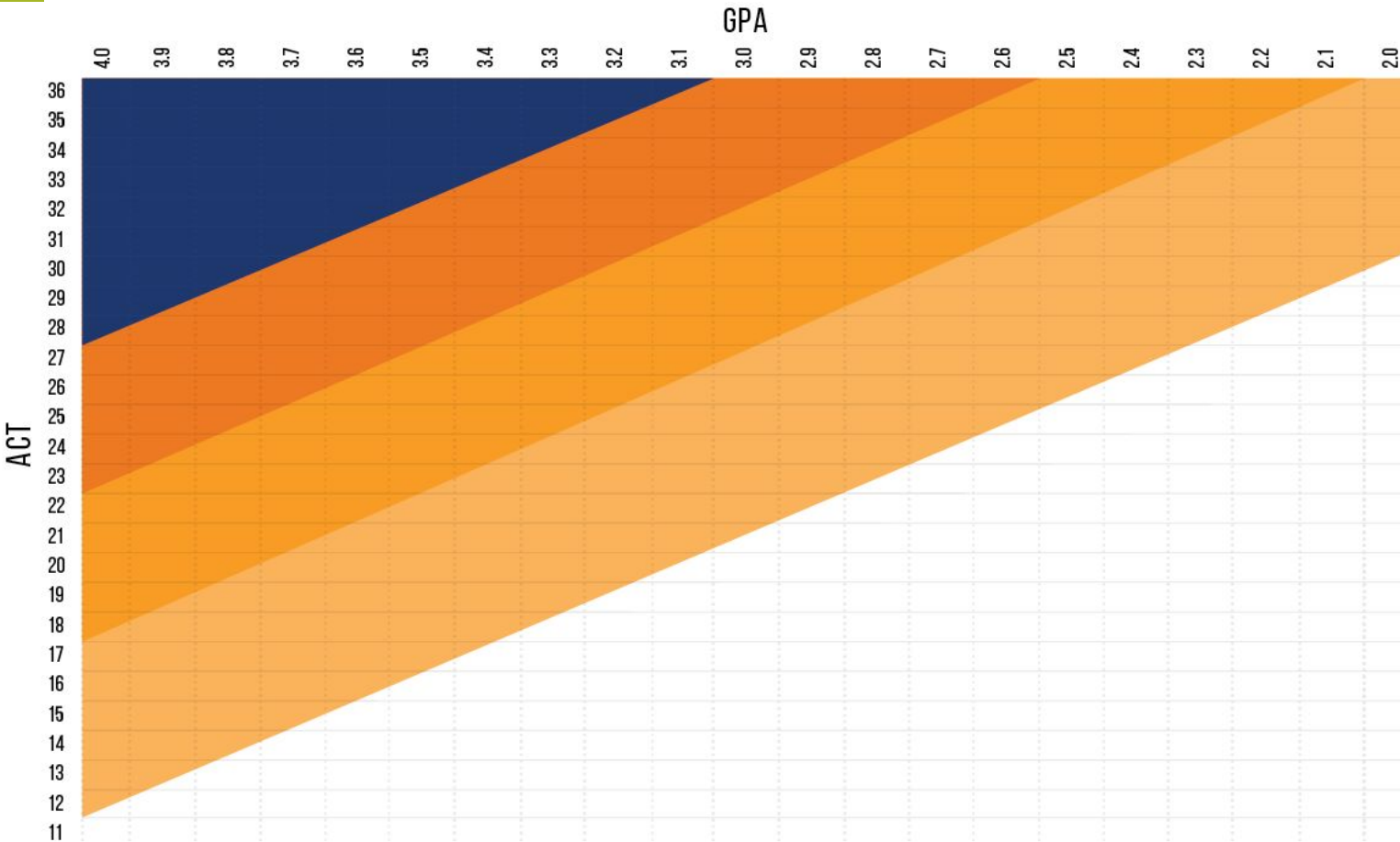
Every college website has a scholarship Table or calculator.
Here is Snow College's for 2020-2021

Scholarship Calculator

GPA:

ACT:

Your Scholarship Index Score:



UTAH RESIDENT ACADEMIC SCHOLARSHIP CHART

Index Score	Scholarship Level
64+	Presidential Amount: 100% of tuition + student fees; renewable Required GPA and Credits to Maintain Scholarship: 3.7+ and 15 credits Criteria: GPA and ACT/SAT
59-63	Dean Amount: 50% of tuition; renewable Required GPA and Credits to Maintain Scholarship: 3.25+ and 15 credits Criteria: GPA and ACT/SAT
54-58	Academic Achievement Amount: 33% of tuition; renewable Required GPA and Credits to Maintain Scholarship: 3.0+ and 15 credits Criteria: GPA and ACT/SAT
47-53	Honors Amount: 10% of tuition; 1 year Required GPA and Credits to Maintain Scholarship: 3.0+ and 12 credits Criteria: GPA and ACT/SAT

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- Take Pictures - if you plan to be a sterling scholar you will need pics for a portfolio



Finding Other Scholarships:

- **Local** - Counseling office has information on these in
Check with the business where your parents work.
- **Search with Google or use a scholarship research engine** - **Look for scholarships in your area of interest or based on your experiences** - service, entrepreneurship, health career, scouting, STEM, ROTC, etc....
- **College Specific** - Look at “Other” or “Additional Scholarships for: need based (often require the FAFSA), departmental, leadership, involvement, etc.) – Check out the colleges you are interested in online
- **Millard High School Counseling Facebook page or Scholarship Bulletin Board**



Scholarship Help Week

To help you learn how to find and apply
for scholarships.

FAFSA - Federal Financial Aid

1. Fill out the FAFSA application at fafsa.org - requires your parents tax info
2. Your financial need will be determined and FAFSA will send your results to the colleges you request.
3. Colleges who receive your FAFSA will use that info to offer you:
 - A Pell Grant - Free \$, no pay back
 - A Student loan - Loan \$, must pay back
 - Low interest
 - Don't pay while you are a full time student
 - Doesn't accrue interest while you are a full time student
 - 6 month grace period before you have to start repaying - time to get a job
 - Work Study - on campus job to help cover your college costs
4. You must accept these offers to receive them. You don't have to accept.
5. Sometimes, the colleges ask you for verification documents. Not always.
6. Should I fill out the FAFSA if I am deferring my enrollment? - FAFSA does not defer. You must fill it out every year, but yes, fill it out in case plans change.
7. Should I fill out the FAFSA if I don't think I will qualify for federal aid (parents make too much money) - Yes (some scholarships require it, like the Regent's)
8. FAFSA help night Sr. Year

FAFSA HELP NIGHT

Come get help from the experts and enjoy some fun treats!

Start funding your college education NOW!!

Open up a savings account - UTAH EDUCATIONAL SAVINGS PLAN (UESP) at UESP.org

- Decide how much, a percentage, of every cent you earn or get will go into savings for your future.
- Stick to your plan. You will be glad you did when it is time to go off on your own.



NCAA.org

If you want to play sports in college, you will need to register at www.eligibilitycenter.org. AND be sure to take the 16 required courses to be eligible. (Get a list from the school counselor)

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 - Snow college classes transfer easily to the other public universities in Utah.
 - All public Utah colleges recognize the Snow letter of completion and wave all general education requirements if you have it.
You can begin work on your major and electives.



Millard High School Class Rank Formula

High Honor/Honor, Valedictorian/Salutatorian Selection Process

- Top 20% at the end of the 3rd quarter of the senior year. Must be in good standing in academics as well as citizenship. ADD up:
 - GPA - minimum 3.5
 - ACT composite score divided by 9
 - Academic courses – 4 points maximum
 - Face to Face Concurrent Enrollment courses = .5 point
 - CAD (Architectural Design)
 - Business Management
 - Accounting I followed by accounting II
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 - Math 1030
 - EdNet Snow College courses = 1 point
 - High School and Face to Face Concurrent Enrollment **courses of rigor** = 1 point
 - Physics
 - Chemistry
 - Math 1040
 - Math 1050
 - CNA (Certified Nurse Assistant)
- Highest total points will be named the Valedictorian. Second highest named Salutatorian. If there's a tie, each will be honored as co-Valedictorians/Salutatorians.



**ANY
QUESTIONS
??????**

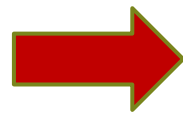
Remember -

1. PCCR MEETINGS this summer!

Sign up will be online at the end of the year!! Watch your email!

Come with a parent and you will be put in for a drawing for an MHS stadium blanket

2. All the info we discussed and more is in the MHS College and Career Readiness Packet sent to your email. Show it to your parents and talk it over with them!



**Millard
High School**



College and Career
Readiness

9th and 10th grade Packet

- **Post survey!**

Go to EMAIL for link - Look for this email:
Utah Higher Ed Day preparation for Juniors

Or type the web address in your browser:

<https://forms.gle/mFrUrd3AygizQSZT8>

Sign up for a PCCR Meeting!

Sign up and come with a parent! You will be put in for a drawing for an MHS stadium blanket!

SENIORS

SENIOR MEETING!

1. Policy on Open Periods
2. Vote for Homecoming Royalty
3. Sign up for PCCR Meetings
4. Utah Higher Ed Day –
 - Sept 7, Thurs. @ LDS church – 1st and 2nd period
 - You will need to register for a bar code – TODAY
 - Bar codes will be printed and given out the day of at 8:10 in the Foyer of the church. **Don't be late!**
5. College and career discussion?



Everyone Sign up for a PCCR meeting!

- I need to meet with every Senior and their parent!
- Required!
- Sign up for a time on the schedule
- Fill out the letter home with the appointment time you signed up for
- Come!!!
- You will be put in for a drawing for a stadium blanket if you come with your parent!

Senior Meetings

Beginning of the year - prepare for college application week and scholarship help week.

WHAT 12TH GRADERS NEED TO KNOW

You're in the final stretch! Don't quit!! Stay focused on:

Your GRADES,

Taking challenging courses such as an additional MATH

Taking COLLEGE CONCURRENT ENROLLMENT classes,

Working on a PATHWAY

Taking the ACT once more if you want to improve your score,

Pinning down some CAREER GOALS (broad or specific),

Going on College Campus Tours and Choosing a COLLEGE to apply to (or 2 or 3),

Filling out college APPLICATIONS,

Filling out SCHOLARSHIP applications

Getting your parents to help you fill out the FAFSA.

Do not **BLOW OFF** your senior year!

- Think of your Senior year as **PREPARATION** time, not **PLAY** time!
- Make your senior year a year you will never forget, not a year of regret!!
- What is your post high school goal:
 - Traditional College -2 or 4 year
 - Trade or Tech school
 - Military
 - Mission
 - Apprenticeship
 - Job Corp
 - Job
- What are some potential obstacles to you reaching your goal?



Go to UtahFutures.org!

- Create an account!

UtahFutures

College and Career Planning

The College Years: 1,2, 4 or More

1

CERTIFICATE

Often obtained through a technical or trade school.

Entry level employment in a specific occupation

Diesel Mechanic,
Respiratory
Therapist

2

ASSOCIATE'S DEGREE

2 years at a 2 year
Junior College or
a 4 year college or
University

Preparation to
work in a
particular field or
further study

Dental Hygienist,
Web Designer,
Engineering
Tech.

4

BACHELOR'S DEGREE

4 year college or
University

Preparation for
work in a
particular field or
further study

Accountant,
Engineer, Nurse,
Computer
Programmer

Or
More

MASTER'S, PROFESSIONAL, DOCTORATE DEGEES

University

Preparation for
high level jobs in
Health care,
Education,
Engineering,
Business

Doctor, Lawyer,
Business
Executive,
College Professor

See Utah System of Higher Education Web site: <http://www.utahmajors.org/certificates-and-degrees>

After you apply, are accepted & **Before you Leave for College:** Arrange for housing, books , transportation and register for classes

- **Housing**

- Pay attention to deadlines. Start early! Housing fills up fast. March!
- Things to consider:
 - Do you want to live with family, on campus, off campus?
 - Do you want a kitchen to cook your own meals or do you want to purchase a meal plan to eat in the cafeteria on campus?



- **Books** – Order them as soon as you know what classes you are taking.

- **Transportation**

- Do you plan to take a vehicle to school (consider the price of gas, cost of maintenance and repairs, insurance)
- If you drive a care to school, you will need to purchase a parking pass to park on campus
- Do you plan to bike or walk?
- Is there public transportation (bus or rail) you can rely on?

- **Be sure you are registered for classes!**

Create a Budget for your 1st year at college:

- * Estimate your costs and income
- * Will you have enough?

COSTS:

- Tuition
- Fees
- Books and Supplies
- Housing
- Food (Groceries/Meal Plan)
- Transportation (Car/Public/etc.)
- Entertainment/Fun
- Health (including eye doctor/dentist/orthodontist/etc.)
- Clothing

SOURCES OF INCOME:

- Scholarships
- Federal Financial Aid – Pell grant/Student Loans
- Savings
- Parents
- Work

College Applications - FALL



- College applications are submitted on-line.
- Consider applying to more than one school so you can choose from a set of options you have researched and are comfortable with.
- Submit applications by the priority deadline for each school. Start working on applications in the Fall.
- Often College Applications ask you to write an essay about you and your involvements or interests.
- Application fees are around \$30-\$50 depending on the school. Participating in college application week in November of your senior year may cancel out application fees for certain schools. If you are on free or reduced lunch, some schools will waive your application fee based on that. Do your research!
- You must request the school to send your **high school transcripts** to each college you apply to.
- You must request ACT.org to send your **ACT scores** to the schools you apply to.
 - You can choose 4 schools to send your scores to (for free) when you sign up to take the ACT. More colleges cost a little.
 - You can also come back to the website later and (for a small fee) choose a school to send your scores to.
 - Last time to take the ACT for college applications is December. **STUDY!** See counseling bulletin board for practice booklets and test taking tips

If you haven't already, make a list of your involvements and accomplishments. Super handy when filling out college/scholarship/job applications.

- **Keep a record of the following types of things and the dates they happened:**

- Extra curricular activities: Sports, Music, Clubs, etc.
- Educational achievements – science fair, essay contests, National Honor Society
- Service opportunities – in the school or community
- Leadership opportunities – in the school or community
- Awards and recognition - Music, sports, academics, etc.
- Summer Camps – Music, Sports, Leadership, Science, Girl's/Boys State
- Private lessons – Music, Sports, etc.
- Employment
- Volunteer work
- Any involvements at all – Junior American Legion, Youth town council, private performances
- Take Pictures - if you are a Sterling Scholar you will need pics for your portfolio



PAYING FOR COLLEGE



- **Save up now!** UTAH EDUCATIONAL SAVINGS PLAN (UESP) — Withdrawals are tax-free. Anyone can contribute money to your account, ie: for birthdays and holidays. Visit UESP.org.
- **Work Study:** Federal financial aid program - usually part time work, on campus, flexible hours, and have financial aid benefits.
- **Regular Employment on or off campus**
- **Federal Student Aid (FAFSA):** GRANTS (do not pay back) and LOANS (do pay back – deferred while in college, start paying when you are no longer a student). Visit fafsa.ed.gov
- **Scholarships**



FAFSA – OCTOBER 1

Free Application for Federal Student Aid

- Submit a **Free Application for Federal Student Aid (FAFSA.gov)** on line for:
 - **Federal Grants** - Money for college you won't have to pay back as long as grades are good. Based on need.
 - **Federal Loans** - Money you borrow for college that has to be paid back—even if you don't graduate. Explore federal student loans first, as they often have lower interest rates and flexible repayment options compared to private loans. You do not pay them back (deferment) while you are a student.
- The sooner you apply, the more funding you may receive. Some colleges have priority deadlines early in the year. Plan to submit early to make sure you get funding (October of your senior year).

Scholarships

Scholarships are often awarded for academic merit as well as outstanding service, leadership, talent, financial need, and more. Scholarship search tips:

- Visit the school counseling office, watch the bulletin board, and the Millard High school counseling FACEBOOK page/mhs.counseling instagram for info about scholarships. LOCAL SCHOLARSHIPS come out in March!
- Check with the colleges you plan to attend. Many will have scholarships posted on their financial aid and department websites.
- Check with community, cultural or religious organizations. Your parents' workplace might also have scholarships or other tuition-assistance programs.
- Sign up for scholarship alerts on websites like **UtahFutures.org**, **CollegeBoard.org**, and **Fastweb.com**.
- **Beware of scholarship scams! You should never pay money to apply for a scholarship.**
- **Don't forget the Regent's Scholarship!**



OPPORTUNITY SCHOLARSHIP

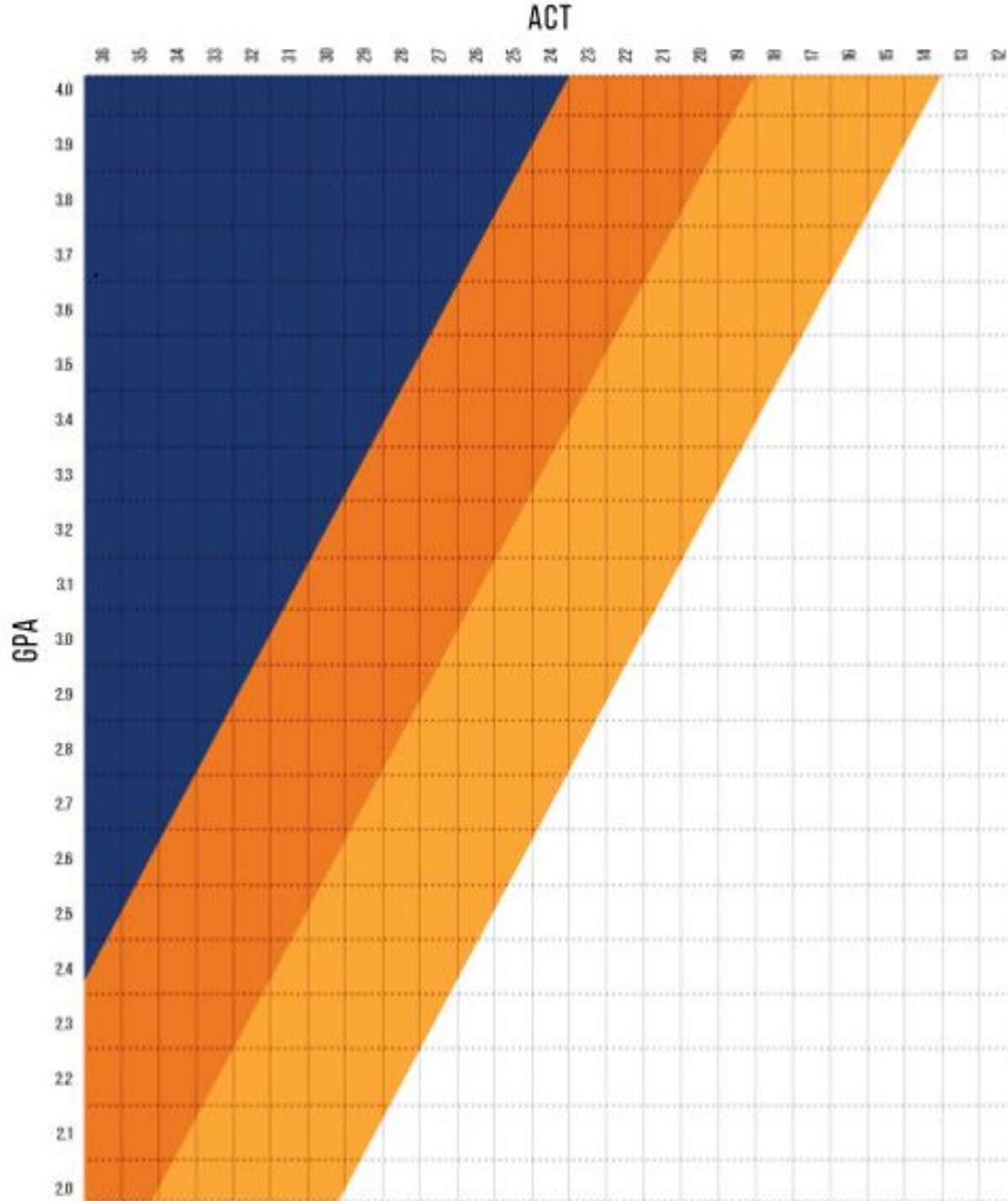
This is not a competitive scholarship!

If you meet the requirements and apply on time, you will receive the scholarship.

Scholarship amount varies based on program funding, your financial need and the following requirements:

- Earn a 3.3 cumulative high school GPA
- Complete 1 college level course in each of the core areas of high school graduation:
 - Math - Math 1030, 1040, 1050 (with Mr. Hansen)
 - Science - Physics (with Mr. Hansen), Human Biology (IVC), Chemistry (IVC)
 - Language arts - English 1010 (with Mrs. Fullmer or through IVC)
- Complete the Free Application for Federal Student Aid (FAFSA)

*** Go to opportunityscholarship.org for more info**



Scholarship Table: Snow College 2017

- Light Orange - Academic Honors—(\$400/year) – One year scholarship
- Dark Orange - Academic Excellence—(\$1,400/year) – One year scholarship
- Blue - Premier - (\$1600/year) - 4 Semester Renewable Scholarship
- Blue - Academic Elite—(Full Tuition/4 Semesters)—Renewable scholarship
- Sterling Scholar – Students must be regional winners in the state of Utah, or regional runners-up in any Sterling Scholar category.
- Snow College Website:
https://www.snow.edu/offices/scholarships/award_levels.html

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NCAA.org

If you want to play sports in college, you will need to register at www.eligibilitycenter.org. AND be sure to take the 16 required courses to be eligible. (Get a list from the school counselor)

	Participants at US High Schools	NCAA Participants	Overall % HS to NCAA	% HS to NCAA Division I	% HS to NCAA Division II	% HS to NCAA Division III
Men						
Baseball	488,815	34,554	7.1%	2.1%	2.2%	2.8%
Basketball	546,428	18,684	3.4%	1.0%	1.0%	1.4%
Cross Country	257,691	14,412	5.6%	1.9%	1.4%	2.3%
Football	1,083,308	73,660	6.8%	2.6%	1.8%	2.4%
Golf	146,677	8,676	5.9%	2.0%	1.7%	2.2%
Ice Hockey	35,155	4,102	11.7%	4.6%	0.5%	6.5%
Lacrosse	109,522	13,446	12.3%	2.9%	2.3%	7.1%
Soccer	440,322	24,803	5.6%	1.3%	1.5%	2.8%
Swimming	133,470	9,455	7.1%	2.8%	1.1%	3.2%
Tennis	157,201	8,092	5.1%	1.7%	1.1%	2.4%
Track & Field	591,133	28,334	4.8%	1.9%	1.2%	1.7%
Volleyball	55,417	1,899	3.4%	0.7%	0.8%	1.9%
Water Polo	21,857	1,014	4.6%	2.6%	0.7%	1.3%
Wrestling	250,653	7,075	2.8%	1.0%	0.8%	1.0%
Women						
Basketball	429,380	16,593	3.9%	1.2%	1.1%	1.6%
Cross Country	222,516	15,958	7.2%	2.7%	1.8%	2.7%
Field Hockey	59,793	6,032	10.1%	3.0%	1.2%	5.8%
Golf	74,762	5,293	7.1%	2.9%	2.1%	2.1%
Ice Hockey	9,514	2,289	24.1%	9.0%	1.0%	14.0%
Lacrosse	88,050	11,375	12.9%	3.8%	2.6%	6.5%
Soccer	381,529	27,358	7.2%	2.4%	1.9%	2.9%
Softball	366,685	19,680	5.4%	1.6%	1.6%	2.1%
Swimming	166,747	12,356	7.4%	3.3%	1.1%	3.0%
Tennis	183,800	8,933	4.9%	1.6%	1.1%	2.2%
Track & Field	485,969	29,048	6.0%	2.7%	1.5%	1.8%
Volleyball	436,309	17,119	3.9%	1.2%	1.1%	1.6%
Water Polo	20,230	1,136	5.6%	3.3%	1.0%	1.3%



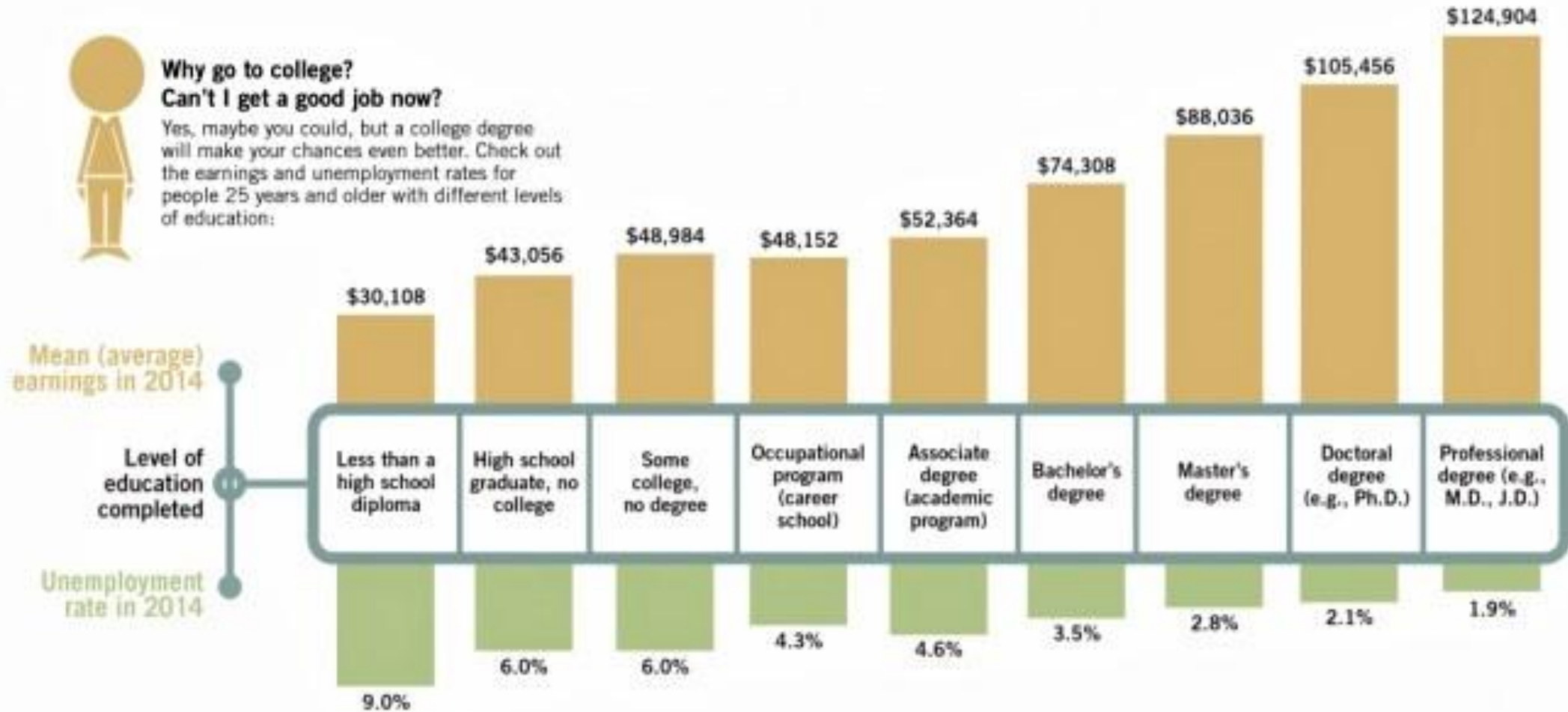
← NCAA Research – Estimated Probability of Competing in College athletics 2017. (Have a plan B just in case)

Found at http://www.ncaa.org/sites/default/files/2015-16RES_Probability_Chart_Web_20170314.pdf



Why go to college? Can't I get a good job now?

Yes, maybe you could, but a college degree will make your chances even better. Check out the earnings and unemployment rates for people 25 years and older with different levels of education:



Source: Bureau of Labor Statistics, Current Population Survey, unpublished tables 2015

Taken from "Federal Student Aid – An Office of the US Department of Education at <https://studentaid.ed.gov/sa/prepare-for-college>

What colleges and careers interest you?

Utahfutures.org is a great place to research your interests and which college and career options are best for you. Also Check out Utahmajors.org to explore what you would like to get a college degree in.

COLLEGE considerations:

- Public or Private?
- Where it is located
- How big it is
- How much it costs
- What majors it offers or specializes in
- What you want your major to be
- What scholarships you can get
- What the students are like who go there



CAREER considerations:

- What field of work am I interested in?
- What jobs are available in that field?
- How much does the job I am most interested in pay?
- How much education will it require?
- Where will I end up living if I do this job?
- What will my duties be?
- What is the job availability outlook?

COLLEGE MAJOR?? FUTURE CAREER???

TWO approaches:

1

WHO ARE YOU NOW??

Let your current interests and talents guide what you want to study and what you want to be.

2

WHO/WHAT DO YOU WANT TO BE IN THE FUTURE??

Let your dreams guide what you want to study and what you want to be

Check out utahfutures.org and utahmajors.org!!

Student Services Available at College

- **Don't quit** college because of fear, sickness, a failed test, a failed class, awful roommate, a bout of depression and anxiety, money issues, etc. There are student services on campus that can help with these common issues.
- Examples of student services available at College:
 - Freshman orientation
 - Counseling center
 - Tutoring
 - Computer Labs
 - Health center
 - Disability resource center
 - Academic Advisors
 - Financial Aid office
 - Employment office
 - Housing Office
- Remember, it takes time to adjust to big life changes. It's common to face some depression. And, you can always retake a class or change your roommate situation. Hang in there!



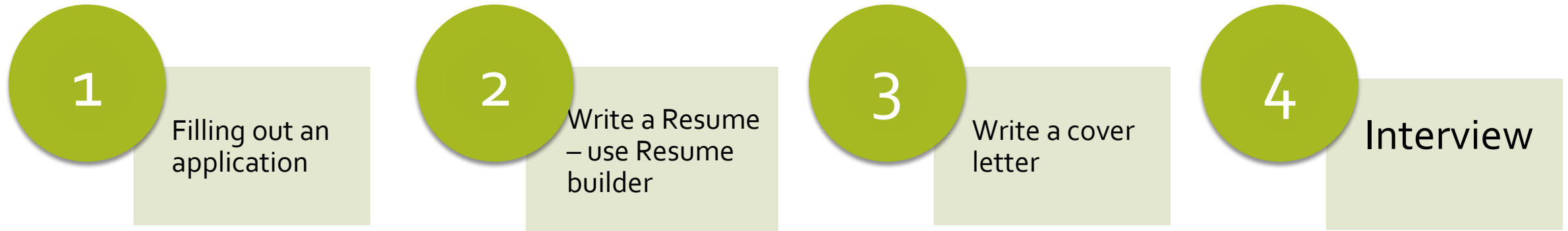
You can do **COLLEGE** in High School! There's still time!!

- You can take **SNOW** college classes in your Junior and Senior year (must have a **3.5 GPA**)
- One college class can cost hundreds of dollars. Taking the same class in high school through Snow College Ednet or concurrent enrollment is usually **\$15 a class**.
- Some college classes can fill both High School requirements & College General Education requirements (classes everyone has to take no matter what major).
 - English 1010 Expository Composition **instead of** High school Language arts 12 (Sr year)
 - Political Science 1100 American National Gov. **instead of** High school U.S. Government (Sr year)
 - Business 1210 Personal Finance **instead of** High School General Financial Literacy (Sr Year)
 - French 1010 and 1020 **instead of** High School Spanish 1 and 2
- Snow College General Education letter of completion –
 - Gets you a year and a half ahead in college.
 - You have to take about 6 specific college classes your Junior and Senior year.
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 - All public Utah colleges recognize the Snow letter of completion and wave all general education requirements if you have it.
You can begin work on your major and electives.



HOW TO APPLY FOR JOBS!

Check out the SMART START guide for finding and keeping a job. Learn how to:



<https://jobs.utah.gov/jobseeker/smartstart.pdf>



Post survey!

- *Check your email*



Post survey!

- This will go out in an email.
- Fill out the survey by next Wednesday, 1 week from today, to be put in for a drawing for an *MHS stadium blanket!*

PCCR meetings NEXT WEEK!!

Come with your parent and you will be put in for a drawing for a college survival laundry kit – 1 girl and 1 boy will win!!



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