

Administered by Educators Mutual Insurance Association EMI Health Customer Service 801-262-7475 or 1-800-662-5851

Self Funded Employee Medical Benefit Plan

All services are subject to the EMI Health Maximum Allowable Charge. When using a Non-participating Provider, the Covered Person is responsible for all fees in excess of the Maximum Allowable Charge.

responsible for all fees in excess of the		e Plus
September 01, 2022 - August 31, 2023	Participating	Non-Participating
PHD2800 QHDHP	Provider Option	Provider Option
GENERAL INFORMATION		J PAY
Benefit Accumulator		act Year
Dependent Age Limit		26
Out-of-Pocket Maximum (Per Person/Family Per Year)	\$3,500 / \$7,000	\$5,000 / \$10,000
Medical Deductible (Per Person/Family Per Year). Please note ◆	\$2,800 / \$5,600	\$4,000 / \$8,000
Non-Preauthorization Patient Penalty	Not Applicable	50% Reduction in Benefits
Non-Preauthorization Provider Sanction	50% Reduction in Payment	Not Applicable
PRESCRIPTION DRUG BENEFITS (If brand is purchased when generic is available, member pays the copay plus the difference between the generic	100	J PAY
and the brand price)		
Participating Pharmacy (30 day supply)	♦ Gene	ric - 10%
a dicipating i namacy (50 day supply)		red - 30%
		ferred - 50%
Non-Participating Pharmacy		Covered
Mail Order (90 day supply)		ric - 10%
()		red - 30%
	♦Non-Pref	ferred - 50%
Specialty Pharmacy SaveOnSP Program 1-800-683-1074	Must enrol	Il to receive:
http://emihealth.com/pdf/saveon.pdf	*\$0 (Copay
PREVENTIVE SERVICES	YOL	J PAY
Routine Physical Exam (1 visit per Year)	Covered 100%	Not Covered
Routine Gynecological Exam (1 visit per Year)	Covered 100%	Not Covered
Family History Exam (1 visit per Year)	Covered 100%	Not Covered
Routine Pap Smear & Mammogram (1 per Year)	Covered 100%	Not Covered
Routine Well-Baby Exams	Covered 100%	Not Covered
Covered Immunizations	Covered 100%	Not Covered
Routine Vision Exam (1 visit per Year)	Covered 100%	Not Covered
Routine Hearing Exam (1 visit per Year) PHYSICIAN & PROFESSIONAL SERVICES	Covered 100%	Not Covered J PAY
	↑10 %	◆40%
Physician Office Visits (primary care) Physician Office Visits (secondary care)	◆10% ◆10%	•40% ◆40%
Physician Office Visits (secondary care) Physician Office Visits (after hours)	◆10 % ◆10 %	◆40% ◆40%
Physician Visits (Inpatient)	◆10% ◆10%	◆40%
Physician Visits (Outpatient)	◆10%	◆40%
Major Diagnostic Test, CT Scan, MRI, NMR (office)	♦10%	♦ 40%
Minor Diagnostic Test, Radiology, Lab (office)	♦10%	♦ 40%
Minor Diagnostic Test, Radiology, Lab (Inpatient)	♦ 10%	♦ 40%
Minor Diagnostic Test, Radiology, Lab (Outpatient)	♦ 10%	♦ 40%
Injections (office)	♦ 10%	40 %
Surgery (office)	♦ 10%	♦ 40%
Surgery (Inpatient)	♦ 10%	♦ 40%
Surgery (Outpatient)	♦ 10%	♦ 40%
Anesthesiology (office)	♦ 10%	♦ 40%
Anesthesiology (Inpatient)	♦10%	♦40%
Anesthesiology (Outpatient)	♦10%	♦40%
Routine Prenatal & Delivery (Dependent maternity included)	♦ 10%	♦ 40%
Home Health and Hospice Care (in lieu of Hospital) (for supplies, see Medical	♦ 10%	4 40%
Supplies and Equipment)		
Rehabilitation Therapy (Outpatient physical, speech, occupational, cardiac, or	♦ 10%	* 40%
pulmonary - 20 visits per Year per injury/illness) Chiropractic Therapy (20 visits per Year)	♦ 10%	* 40%
	◆10% ◆10%	◆40% ◆40%
Allergy Testing	▼ IU%	♥ 4U%

EMIA Pool	Car	e Plus
September 01, 2022 - August 31, 2023	Participating	Non-Participating
PHD2800 QHDHP	Provider Option	Provider Option
Allergy Treatment/Serum	♦ 10%	♦ 40%
HOSPITAL/FACILITY BENEFITS		J PAY
(Physician & Professional Services are not included in this section.)		
Medical/Surgical/Maternity/Intensive Care (semi-private room)	♦ 10%	♦ 40%
Medical/Surgical/Maternity/Intensive Care (Inpatient Ancillary)	♦ 10%	♦ 40%
Skilled Nursing Facility (30 days per Year) (Admission must be within 5 days of	* 10%	▲ 400/
discharge from Hospital Confinement)	♦ 10%	♦ 40%
Medical/Surgical Care (Outpatient)	♦10%	♦ 40%
Emergency Room (ER)	♦10%	♦ 10%
Major Diagnostic Test, CT Scan, MRI, NMR (Outpatient)	♦10%	♦ 40%
Minor Diagnostic Test, X-ray, Lab (Inpatient)	♦ 10%	♦ 40%
Minor Diagnostic Test, X-ray, Lab (Outpatient)	♦ 10%	♦ 40%
Newborn	♦ 10%	♦ 40%
InstaCare/Urgent Care Clinic	♦10%	♦ 40%
Eligible Preventive Services	Covered 100%	Not Covered
REHABILITATION THERAPY BENEFIT	YO	J PAY
Inpatient – physical, speech, occupational, cardiac, or pulmonary (40 days per	♦ 10%	♦ 40%
person per Year)	₩10 /6	₩40 /6
ACCIDENT AND LIFE THREATENING CONDITION	YO	J PAY
Medical/Surgical – Physician/Facility/ER	Covered as any other condition	
Ambulance Land/Air (Accident & Life-threatening)	♦10%	Covered as a Participating Benefit to
Orthodontic Injury Treatment	♦10%	the Maximum Allowable Charge
Dental Injury Treatment	♦10%	
TRANSPLANT BENEFIT	YO	J PAY
Heart, Liver, Pancreas, Bone Marrow, Cornea, Lung, Kidney	Covered as any other condition	Not Covered
MEDICAL SUPPLIES & EQUIPMENT		J PAY
· ·	YO	U PAY ◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies	◆30% ◆10%	◆40% ◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office)	◆30% ◆10% ◆10%	♦40% ♦40% ♦40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices	◆30% ◆10% ◆10% ◆10%	◆40% ◆40% ◆40% ◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year)	◆30% ◆10% ◆10% ◆10% ◆10%	♦40% ♦40% ♦40% ♦40% ♦40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices	◆30% ◆10% ◆10% ◆10%	◆40% ◆40% ◆40% ◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone	◆30% ◆10% ◆10% ◆10% ◆10% ◆10% Not Covered Not Covered	◆40% ◆40% ◆40% ◆40% ◆40% ◆40% Not Covered Not Covered
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT	◆30% ◆10% ◆10% ◆10% ◆10% Not Covered Not Covered	◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT Inpatient Facility	◆30% ◆10% ◆10% ◆10% ◆10% Not Covered Not Covered YO	◆40%
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MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT Inpatient Facility Inpatient Physician Visits Residential Treatment (30 days per Year) Outpatient Facility Physician Office Visits Psychologist / LCSW / APRN / Psychiatrist ADDITIONAL BENEFITS Adoption Indemnity Benefit	◆30% ◆10% ◆10% ◆10% ◆10% Not Covered Not Covered YO ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ↑10%	◆40%
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MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT Inpatient Facility Inpatient Physician Visits Residential Treatment (30 days per Year) Outpatient Facility Physician Office Visits Psychologist / LCSW / APRN / Psychiatrist ADDITIONAL BENEFITS Adoption Indemnity Benefit TMJ Syndrome diagnosis & non-surgical treatment Orthognathic/Mandibular Osteotomy	◆30% ◆10% ◆10% ◆10% ◆10% Not Covered Not Covered YO ◆10% ◆10% ◆10% ◆10% ◆10% The Plan pays a maximum of \$	◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT Inpatient Facility Inpatient Physician Visits Residential Treatment (30 days per Year) Outpatient Facility Physician Office Visits Psychologist / LCSW / APRN / Psychiatrist ADDITIONAL BENEFITS Adoption Indemnity Benefit TMJ Syndrome diagnosis & non-surgical treatment Orthognathic/Mandibular Osteotomy Total Parenteral Nutrition (TPN)	◆30% ◆10% ◆10% ◆10% Not Covered Not Covered YO ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% The Plan pays a maximum of \$4000000000000000000000000000000000000	◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT Inpatient Facility Inpatient Physician Visits Residential Treatment (30 days per Year) Outpatient Facility Physician Office Visits Psychologist / LCSW / APRN / Psychiatrist ADDITIONAL BENEFITS Adoption Indemnity Benefit TMJ Syndrome diagnosis & non-surgical treatment Orthognathic/Mandibular Osteotomy Total Parenteral Nutrition (TPN) Initial assessment and diagnosis of Primary Infertility	◆30% ◆10% ◆10% ◆10% Not Covered Not Covered YO ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% ◆10%	◆40%
MEDICAL SUPPLIES & EQUIPMENT Diabetic Testing Supplies (90 day supply) Medical Supplies Medical Supplies (office) Durable Medical Equipment/Prosthetics/Orthotic Devices Hearing Aids (\$2,500 per Year) Orthotic Supplies (foot inserts & arch supports) Growth Hormone MENTAL HEALTH & DRUG/ALCOHOL TREATMENT Inpatient Facility Inpatient Physician Visits Residential Treatment (30 days per Year) Outpatient Facility Physician Office Visits Psychologist / LCSW / APRN / Psychiatrist ADDITIONAL BENEFITS Adoption Indemnity Benefit TMJ Syndrome diagnosis & non-surgical treatment Orthognathic/Mandibular Osteotomy Total Parenteral Nutrition (TPN)	◆30% ◆10% ◆10% ◆10% Not Covered Not Covered YO ◆10% ◆10% ◆10% ◆10% ◆10% ◆10% The Plan pays a maximum of \$4000000000000000000000000000000000000	◆40%

Services designated ♦ are subject to first dollar Medical Deductible

Services designated *, premiums, balance-billed charges, charges for services this Plan doesn't cover, amounts in excess of benefit limits, and penalties for failure to obtain Preauthorization, do not accumulate toward your Out-of-pocket Maximum.

PROVIDER NETWORK	
Utah	EMI Health Care Plus
Outside of Utah	Cigna PPO

PLEASE NOTE: This is a summary only and does not guarantee benefits. All benefits are subject to the terms, limitations, and exclusions set forth in the Plan document and in the Summary Plan Description (SPD)/handbook of the Plan. Any discrepancies between this summary, the SPD/handbook, and the Plan document are resolved in favor of the Plan document. For more information, including Preauthorization, refer to the SPD/ handbook or the Plan document, or contact EMI Health Customer Service Department.

Summary of Benefits and Coverage: What this Plan Covers & What You Pay For Covered Services

EMI Health: EMIA Pool PHD2800 QHDHP

Coverage for: Employee + Dependents | Plan Type: PPO

Coverage Period: 09/01/2022-08/31/2023

The Summary of Benefits and Coverage (SBC) document will help you choose a health <u>plan</u>. The SBC shows you how you and the <u>plan</u> would share the cost for covered health care services. NOTE: Information about the cost of this <u>plan</u> (called the <u>premium</u>) will be provided separately.

This is only a summary. For more information about your coverage, or to get a copy of the complete terms of coverage, please call 1-800-662-5851. For general definitions of common terms, such as <u>allowed amount</u>, <u>balance billing</u>, <u>coinsurance</u>, <u>copayment</u>, <u>deductible</u>, <u>provider</u>, or other <u>underlined</u> terms see the Glossary. You can view the Glossary at https://www.healthcare.gov/sbc-glossary/ or call 1-800-662-5851 to request a copy.

Important Questions	Answers	Why this Matters:
What is the overall deductible?	For participating providers: \$2,800 person / \$5,600 family for policy period For non-participating providers: \$4,000 person / \$8,000 family for policy period	Generally, you must pay all of the costs from <u>providers</u> up to the <u>deductible</u> amount before this <u>plan</u> begins to pay. If you have other family members on the <u>plan</u> , each family member must meet their own individual <u>deductible</u> until the total amount of <u>deductible</u> expenses paid by all family members meets the overall family <u>deductible</u> .
Are there services covered before you meet your deductible?	Yes. <u>Preventive care</u> is covered before you meet your <u>deductible</u> .	This <u>plan</u> covers some items and services even if you haven't yet met the <u>deductible</u> amount. But a <u>copayment</u> or <u>coinsurance</u> may apply. For example, this <u>plan</u> covers certain <u>preventive services</u> without <u>cost-sharing</u> and before you meet your <u>deductible</u> . See a list of covered <u>preventive services</u> at https://www.healthcare.gov/coverage/preventive-care-benefits/ .
Are there other deductibles for specific services?	No.	You don't have to meet <u>deductibles</u> for specific services.
What is the <u>out-of-pocket</u> <u>limit</u> for this <u>plan</u> ?	For participating providers: \$3,500 person / \$7,000 family For non-participating providers: \$5,000 person / \$10,000 family	The <u>out-of-pocket limit</u> is the most you could pay in a year for covered services. If you have other family members in this <u>plan</u> , they have to meet their own <u>out-of-pocket limits</u> until the overall family <u>out-of-pocket limit</u> has been met.
What is not included in the out-of-pocket limit?	Premiums, balance-billed charges, health care this plan doesn't cover, certain specialty pharmacy drugs, and penalties for failure to obtain preauthorization for services	Even though you pay these expenses, they don't count toward the out-of-pocket limit.
Will you pay less if you use a <u>network provider</u> ?	Yes. See <u>www.emihealth.com</u> or call 1-800-662-5851 for a list of <u>network providers</u> .	This <u>plan</u> uses a <u>provider network</u> . You will pay less if you use a <u>provider</u> in the <u>plan</u> 's <u>network</u> . You will pay the most if you use an <u>out-of-network provider</u> , and you might receive a bill from a <u>provider</u> for the difference between the <u>provider</u> 's charge and what your <u>plan</u> pays (<u>balance billing</u>). Be aware your <u>network provider</u> might use an <u>out-of-network provider</u> for some services (such as lab work). Check with your <u>provider</u> before you get services.
Do you need a <u>referral</u> to see a <u>specialist</u> ?	No.	You can see the <u>specialist</u> you choose without a <u>referral</u> .



All $\underline{\textbf{copayment}}$ and $\underline{\textbf{coinsurance}}$ costs shown in this chart are after your $\underline{\textbf{deductible}}$ has been met, if a $\underline{\textbf{deductible}}$ applies.

Common		What You	Will Pay	Limitations, Exceptions, & Other Important
Medical Event	Services You May Need	Participating <u>Provider</u> (You will pay the least)	Non-Participating Provider (You will pay the most)	Information
If you visit a health care	Primary care visit to treat an injury or illness	10% <u>coinsurance</u>	40% coinsurance	none
provider's office or clinic	<u>Specialist</u> visit	10% coinsurance	40% <u>coinsurance</u>	none
	Preventive care/screening/immunization	No charge; <u>deductible</u> does not apply	Not covered	Coverage is limited to one visit per policy period for some services. You may have to pay for services that aren't <u>preventive</u> . Ask your <u>provider</u> if the services needed are <u>preventive</u> . Then check what your <u>plan</u> will pay for.
If you have a test	<u>Diagnostic test</u> (x-ray, blood work)	10% coinsurance/ office visit 10% coinsurance/ outpatient visit 10% coinsurance/ inpatient services	40% <u>coinsurance</u>	none
	Imaging (CT/PET scans, MRIs)	10% coinsurance	40% coinsurance	none

Common		What You Will Pay		Limitations, Exceptions, & Other Important Information	
Medical Event	· · · · · · · · · · · · · · · · · · ·				
		will pay the least)	(You will pay the most)		
	Ormania davos	10% coinsurance Retail	Natara d	Up to a 30-day supply (retail prescription) per	
If you need drugs to treat your illness or condition	Generic drugs	10% coinsurance Mail Order	Not covered	copay; 31-90 day supply (mail order prescription) per copay	
More information about		30% coinsurance Retail		Up to a 30-day supply (retail prescription) per	
<u>prescription drug</u> <u>coverage</u> is available at	Preferred brand drugs	30% coinsurance Mail Order	Not covered	copay; 31-90 day supply (mail order prescription) per copay	
www.emihealth.com.		50% coinsurance Retail		Up to a 30-day supply (retail prescription) per	
	Non-preferred brand drugs	50% coinsurance Mail Order	Not covered	<u>copay;</u> 31-90 day supply (mail order prescription) per <u>copay</u>	
	Specialty drugs	30% <u>coinsurance</u> Mail Order	Not covered	Covers 31-90 day supply (mail order prescription) per <u>copay</u> . The cost of certain drugs (though reimbursed by the manufacturer at no cost to you) will not be applied towards your <u>out-of-pocket limit</u> . See http://emihealth.com/pdf/saveon.pdf for details.	
If you have outpatient	Facility fee (e.g., ambulatory surgery center)	10% coinsurance	40% coinsurance	Some procedures require preauthorization	
surgery	Physician/surgeon fees	10% coinsurance	40% coinsurance	none	
	Emergency room care	10% coinsurance	10% coinsurance	none	
If you need immediate medical attention	Emergency medical transportation	10% coinsurance	10% coinsurance	none	
	<u>Urgent care</u>	10% coinsurance	40% coinsurance	none	
If you have a hospital stay	Facility fee (e.g., hospital room)	10% coinsurance	40% coinsurance	Requires <u>preauthorization</u>	
ii you iiave a nospital stay	Physician/surgeon fee	10% coinsurance	40% coinsurance	none	

Common		What You Will Pay		Limitations Franchisms 9 Other Important
Medical Event	Services You May Need	Participating <u>Provider</u> (You will pay the least)	Non-Participating <u>Provider</u> (You will pay the most)	Limitations, Exceptions, & Other Important Information
If you need mental health, behavioral health, or substance abuse services	Outpatient services	10% <u>coinsurance</u> office visit and other outpatient services	40% <u>coinsurance</u>	Medications for substance abuse not covered. Residential treatment coverage is limited to 30 days per policy period.
Substance abuse services	Inpatient services	10% coinsurance	40% coinsurance	Requires preauthorization
	Office visits	10% coinsurance	40% coinsurance	Cost sharing does not apply for <u>preventive</u>
If you are pregnant	Childbirth/delivery professional services	10% <u>coinsurance</u>	40% <u>coinsurance</u>	services. Depending on the type of services, coinsurance may apply. Maternity care may include tests and services described
	Childbirth/delivery facility services	10% coinsurance	40% coinsurance	elsewhere in the SBC (i.e. ultrasound).
	Home health care	10% coinsurance	40% coinsurance	none
	Rehabilitation services	10% coinsurance	40% coinsurance	Coverage limited to 20 outpatient visits and 40 inpatient days per policy period.
If you need help	Habilitation services	Not covered	Not covered	N/A
recovering or have other special health needs	Skilled nursing care	10% coinsurance	40% <u>coinsurance</u>	Coverage limited to 30 days per policy period. Admission must be within 5 days of a discharge from Hospital Confinement.
	Durable medical equipment	10% coinsurance	40% coinsurance	Requires <u>preauthorization</u>
	Hospice services	10% coinsurance	40% coinsurance	none
	Childran's ave aven	Routine: No charge; deductible does not apply	Routine: Not covered	Limited to one <u>preventive</u> visit per policy period.
If your child needs dental or eye care	Children's eye exam	Non-routine: 10% coinsurance	Non-routine: 40% coinsurance	none
	Children's glasses	Not covered	Not covered	N/A
	Children's dental check-up	Not covered	Not covered	N/A

Services Your Plan Generally Does NOT Cover (Check your policy or plan document for more information and a list of any other excluded services.)

- Acupuncture
- Bariatric surgery
- Cosmetic surgery
- Dental care (Adult)

- Habilitation services
- Infertility treatment
- Long-term care

- Private-duty nursing
- Routine foot care
- Weight loss programs

Other Covered Services (Limitations may apply to these services. This isn't a complete list. Please see your plan document.)

- Chiropractic care
- Hearing Aids (\$2,500 per year)

Non-emergency care when traveling outside the U.S.

Routine eye care (Adult)

Your Rights to Continue Coverage: There are agencies that can help if you want to continue your coverage after it ends. The contact information for those agencies is: the plan at 1-800-662-5851, your state insurance department, the Department of Health and Human Services, Center for Consumer Information and Insurance Oversight at 1-877-267-2323 x61565 or www.cciio.cms.gov, or for plans subsect to ERISA: the Department of Labor's Employee Benefits Administration at 1-866-444-EBSA (3272) or www.dol.gov/ebsa/healthreform. Other coverage options may be available to you too, including buying individual insurance coverage through the Health Insurance Marketplace. For more information about the Marketplace, visit www.HealthCare.gov or call 1-800-318-2596.

Your Grievance and Appeals Rights: There are agencies that can help if you have a complaint against your plan for a denial of a claim. This complaint is called a grievance or appeal. For more information about your rights, look at the explanation of benefits you will receive for that medical claim. Your plan documents also provide complete information to submit a claim, appeal, or a grievance for any reason to your plan. For more information about your rights, this notice, or assistance, contact: EMI Health at 5101 South Commerce Drive, Murray Utah 84107, by phone at 801-662-5851 or toll free at 1-800-662-5851. You may also contact the Department of Labor's Employee Benefits Security Administration at 1-866-44-EBSA (3272) or www.dol.gov/ebsa/healthreform. Does this plan provide Minimum Essential Coverage? Yes.

Minimum Essential Coverage generally includes plans, health insurance available through the Marketplace or other individual market policies, Medicare, Medicaid, CHIP, TRICARE, and certain other coverage. If you are eligible for certain types of Minimum Essential Coverage, you may not be eligible for the premium tax credit.

Does this plan meet the Minimum Value Standards? Yes.

If your <u>plan</u> doesn't meet the <u>Minimum Value Standards</u>, you may be eligible for a <u>premium tax credit</u> to help you pay for a plan through the <u>Marketplace</u>.

To see examples of how this <u>plan</u> might cover costs for a sample medical situation, see the next page.

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About these Coverage Examples:



This is not a cost estimator. Treaments shown are just examples of how this <u>plan</u> might cover medical care. Your actual costs will be different depending on the actual care you receive, the prices your <u>providers</u> charge, and many other factors. Focus on the <u>cost sharing</u> amounts (<u>deductibles</u>, <u>copayments</u> and <u>coinsurance</u>) and <u>excluded services</u> under the <u>plan</u>. Use this information to compare the portion of costs you might pay under different health <u>plans</u>. Please note these coverage examples are based on self-only coverage.

Peg is Having a Baby

(9 months of in-network pre-natal care and a hospital delivery)

The plan's overall deductible	\$2,800
Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

Specialist office visits (prenatal care)
Childbirth/Delivery Professional Services
Childbirth/Delivery Facility Services
Diagnostic tests (ultrasounds and blood work)
Specialist visit (anesthesia)

Total Example Cost	\$12,700
In this example, Peg would pay:	

Cost Sharing		
<u>Deductibles</u>	\$2,800	
<u>Copayments</u>	\$0	
<u>Coinsurance</u>	\$700	
What isn't covered		
Limits or exclusions	\$60	
The total Peg would pay is	\$3,560	

Managing Joe's type 2 Diabetes

(a year of routine in-network care of a well-controlled condition)

The <u>plan</u> 's overall <u>deductible</u>	\$2,800
Specialist coinsurance	10%
Hospital (facility) coinsurance	10%
Other coinsurance	10%

This EXAMPLE event includes services like:

<u>Primary care physician</u> office visits (*including disease education*)

Diagnostic tests (blood work)

Prescription drugs

<u>Durable medical equipment</u> (glucose meter)

Total Example Cost	\$5,600

In this example, Joe would pay:

Cost Sharing		
<u>Deductibles</u>	\$2,800	
<u>Copayments</u>	\$0	
<u>Coinsurance</u>	\$700	
What isn't covered		
Limits or exclusions	\$70	
The total Joe would pay is	\$3,570	

Mia's Simple Fracture

(in-network emergency room visit and follow up care)

	The <u>plan</u> 's overall <u>deductible</u>	\$2,800
	Specialist coinsurance	10%
	lospital (facility) coinsurance	10%
	Other coinsurance	10%

This EXAMPLE event includes services like:

Emergency room care (including medical supplies)

Diagnostic test (x-ray)

<u>Durable medical equipment</u> (crutches)

Rehabilitation services (physical therapy)

Total Example Cost	\$2,800
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In this example, Mia would pay:

Cost Sharing		
<u>Deductibles</u>	\$2,800	
<u>Copayments</u>	\$0	
<u>Coinsurance</u>	\$0	
What isn't covered		
Limits or exclusions	\$0	
The total Mia would pay is	\$2,800	