## Diabetes Insulin Injection Addendum

				School Year:	Picture
DIABETES – Insulin Injection Addendum to IHP					
Utah Department of Health/ Utah State Board of Education					
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Student: DOB:			Grade:	School:	
Parent:	Phone:			Email:	
School Nurse:	School Phone:		Fax or Email:		
STUDENT DIABETES MANAGEMENT SKILLS		Needs	Assistance	Needs Supervision	Independent
Identifying feelings of hypoglycemia					·
Checking blood glucose					
Measuring out insulin					
Administering insulin injection					
Independently counts carbohydrates					
INSULIN DEVICE					
☐ Syringe and vial ☐ Pen					
Type of insulin:					
Injection Site (Injections should be given subcutaneously and rotated).					
☐ Abdomen ☐ Arm ☐ Buttock ☐ Thigh					
Mealtime Correction:   Before meals only					
Insulin to carb ratio:unit for every grams of carbohydrates before meals.					
Correction dose:unit for every mg/dl for blood glucose above mg/dl.					
Insulin pen/vial expires 28 days after it is opened, pierced or stored outside of refrigerator.					
SPECIAL CONSIDERATIONS (PE, School Parties or Snacks, Field Trips, Academic testing)					
PE: ☐ Check BG before PE ☐ gram carb (free) snack before PE ☐ Other (specify):					
☐ Do not exercise if BG is below mg/dl or symptomatic of hyperglycemia					
School parties or snacks: ☐ Student to save snack for lunchtime ☐ No coverage for snacks/parties					
☐ Student to take snack home ☐ Parent will provide alternate snack					
Other (specify):					
Field Trips: Parent and school nurse must be notified of field trips in advance so proper planning and training					
can be accomplished.					
Please specify instructions:					
Academic Testing:  ☐ Student may reschedule academic testing with teacher, as needed, if blood glucose is below or over					
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☐ Other (specify). ☐ Other considerations (specify):					
WHEN HYPERGLYCEMIA OCCURS OTHER THAN AT MEALTIME					
Correction doses can only be administered with meals at school.					
Other instructions for hyperglycemia:					
□ Notify parent/guardian					
☐ Allow unrestricted access to the bathroom					
☐ Give extra water and/or non-sugar-containing drinks (not fruit juices)					
PARENT ACKNOWLEDGEMENT					
☐ I understand if I adjust insulin doses delivered during school hours that I am responsible for contacting					
provider and requesting an updated prescriber order be sent to the school.					
Parent Signature:			Date:		
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