

DESCRIPTOR TERM: Instructional Program	Millard District Policy File Code: 5170 Approved: 03-17-22
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HUMAN SEXUALITY/MATURATION POLICY

Purpose

Millard School District believes that the primary responsibility for human sexuality education rests with the student's primary care givers. However, the district also recognizes the need and importance of providing appropriate, supportive, and factual curriculum for students.

A. Definitions

1. **Curriculum Materials Review Committee (committee)** means a committee formed at the district level, that includes parents, health professionals, school health educators, and administrators, with at least as many parents as school employees. The committee shall report by the May School Board Meeting of each year, their meeting agenda and discussions, approval of instructional materials, deliver to the Board the most recent reports on teenage pregnancy, child sexual abuse, sexually transmitted diseases, the number of pornography instances or complaints reported. The committee shall meet on a regular basis as determined by the membership, shall select its own officers, and shall be subject to the Utah Open and Public Meetings Act.
2. **Human Sexuality Instruction or Instructional Program** means any course material, unit, class, lesson, activity, or presentation that, as the focus of the discussion, provides instruction or information to students about sexual abstinence, human reproduction, reproductive anatomy, physiology, pregnancy, marriage, childbirth, parenthood, contraception, HIV/AIDS or other sexually transmitted diseases. While these topics are most likely discussed in such courses as health education, health occupations, human biology, physiology, parenting, adult roles, psychology, sociology, child development, and biology, this rule applies to any course or class in which these topics are the focus of discussion.
3. **Maturation Education** means instruction and materials used to provide fifth or sixth grade students with age appropriate, accurate information regarding the physical and emotional changes associated with puberty, to

assist in protecting students from abuse and to promote hygiene and good health practices.

4. **Medically accurate** means verified or supported by a body of research conducted in compliance with scientific methods and published in journals that have received peer review (where appropriate), and recognized as accurate and objective by professional organizations and agencies with expertise in the relevant field, such as the American Medical Association.
5. **Parental Notification Form** means a form developed by the Utah State Board of Education and used exclusively by Utah public schools for parental notification of subject matter identified in this rule. Students may not participate in human sexuality instruction, maturation education, or instructional programs without prior affirmative parent/guardian response on file. The form shall:
 - a. explain a parent's right to review proposed curriculum materials in a timely manner;
 - b. provide parents the right to appeal and review process for the adoption or exclusion of instructional materials;
 - c. request the parent's permission to instruct the parent's student in identified course materials related to human sexuality or maturation education;
 - d. allow the parent to exempt the parent's student from attendance for class period(s) while identified course materials related to human sexuality or maturation education is presented and discussed;
 - e. be specific enough to give parents fair notice of topics to be covered;
 - f. include a brief explanation of the topics and materials to be presented and provide a time, place, and contact person for review of the identified curricular materials;
 - g. be on file with affirmative parent/guardian response for each student prior to the student's participation in the instruction;
 - h. be maintained at the school for a one year period, or until the course is taught the following academic year.

Utah Administrative Rules R277-474-1 (2015)
Utah Code § 53A-13-101.2 (2015)

B. Human Sexuality Curriculum Materials Review Committee

1. The Millard Board of Education shall appoint a Human Sexuality Curriculum Materials Review Committee. The committee shall be composed of parents, health professionals, school health educators, and administrators, with at least as many parent members as school employee members.
2. The Millard School District Board of Education shall review the membership of the committee by August 1 of each year, making new appointments as necessary or appropriate.
3. The District Human Sexuality Curriculum Materials Review Committee shall meet on a regular basis as determined by the members of the committee, shall establish procedures for operation, and shall designate a chair.

Utah Administrative Rules R277-474-1.B (2015)

Utah Administrative Rules R277-474-5.C (2015)

C. Health and Human Sexuality Guidelines

1. All health and human sexuality education shall stress the importance of abstinence from all sexual activity before marriage and fidelity after marriage as methods of preventing sexually transmitted diseases. The curriculum and education shall also stress personal skills that encourage individual choice of abstinence and fidelity in marriage.
2. At no time may instruction be provided, including responses to spontaneous questions raised by students, regarding any means or methods that facilitate or encourage the violation of any state or federal criminal law by a minor or an adult.
3. Nothing in this policy precludes an educator from responding to a spontaneous question provided that the response is consistent with this policy.

Utah Code § 53A-13-101(1)(b) (2017)

4. The following may not be taught in any district schools:
 - a. the intricacies of intercourse, sexual stimulation, or erotic behavior;
 - b. the advocacy of premarital or extramarital sexual activity;
 - c. the advocacy or encouragement of the use of contraceptive methods or devices; or

- d. the advocacy of sexual activity outside of marriage.
Utah Administrative Rules R277-474-3.A (2015)

D. Parental Permission Form Required for Participation

1. Students may not participate in any human sexuality instruction or instructional program unless, prior to the student's participation, the school has on file for that student a completed parental notification form relating to that specific instruction or program which indicates that the student's parent or guardian authorizes the student to participate.
2. Completed permission forms shall be maintained at the school for a one year period, or until the course is taught the following academic year.
3. Millard School District schools will utilize state forms (see attached).
Utah Code § 53A-13-101(3)(a) (2017)
Utah Code § 53A-13-101.2 (2015)
Utah Administrative Rules R277-474-1.1 (2015)

E. Adoption of District Human Sexuality Instructional Materials

The Millard School District Board of Education adopts for use in the schools of the district the human sexuality instructional materials recommended by the Utah State Board of Education. All human sexuality instruction in the district shall make use of those instructional materials.

Utah Code § 53A-13-101(1)(c) (2016)
Utah Administrative Rules R277-474-4.C (2015)

F. Review of Guest Presentations Relating to Human Sexuality

1. Before any guest speaker or guest presenter may present information in any district course relating to human sexuality instruction, the speaker and presenter, as well as the materials to be presented, must be approved by the District Human Sexuality Curriculum Materials Review Committee.
2. The committee shall not authorize the use of any human sexuality instructional materials or presentations that do meet the guidelines set forth in this policy.

Utah Administrative Rules R277-474-5.C(3) (2015)

G. Monitoring of Human Sexuality Instruction

1. Each school in the district shall log and track all parental or community complaints and comments resulting from student participation in human sexuality instruction in the school, including disposition of any complaints made. This information shall be provided to district administration on a monthly basis during the school year. A district form “**Millard School District Human Sexuality Comment Log**” is available for registering comments (see attached).
2. District administration shall compile and maintain records of parental or community complaints and comments resulting from student participation in human sexuality instruction in the district, including disposition of complaints, and shall provide that information to the Utah State Board of Education upon request.

Utah Administrative Rule R277-474-5.C(7) (2015)

Utah Administrative Rule R277-474-7.C (2011)

H. Instructional Staff Training and Professional Development

1. District staff who have the responsibility for some aspect of human sexuality instruction in the district may include administrators, teachers, counselors, teacher’s assistants, or coaches, but are not necessarily limited to those categories.
2. In their first year of service or assignment, all newly hired or newly assigned district staff who have responsibility for any aspect of human sexuality instruction in the district must participate in a state-sponsored professional development course outlining the human sexuality curriculum and the criteria for human sexuality instruction in any courses offered in the public education system.
3. All district staff who have any responsibility for any aspect of human sexuality instruction in the district will attend district training outlining the human sexuality curriculum and the criteria for human sexuality instruction in any courses offered in the public education system at least once every three (3) years.

Utah Administrative Rules R277-474-1.J (2015)

Utah Administrative Rules R277-474-5.A&B (2015)



Utah State Board of Education

Parent/Guardian Consent Form

Sex Education Instruction

Parents must receive this form no later than two weeks prior to the beginning of instruction

Date of Planned Instruction: _____

Name of Student: _____

Course: _____ Teacher(s): _____

School: _____ Telephone Number: _____

Dear Parents/Guardian:

As part of your child's education, he/she has enrolled in a course that includes instruction on topics related to sex education. You are receiving this consent form because instruction and/or discussion of sex education topics are controlled by state law and Utah State Board of Education rule. Please read the form carefully, select **one option**, sign, and return to the teacher above. Your student will not be allowed to participate in class activities without this completed and signed form on file. Thank you.

Information

All instruction related to human sexuality or sexual activity will take place within the context of Utah State Law (53G-10-402) and Utah State Board of Education rule (R277-474) as follows:

- The public schools will teach sexual abstinence before marriage and fidelity after marriage.
- There will be prior parental consent before teaching any aspect of contraception or condoms.
- Students will learn about communicable diseases, including those transmitted sexually, and HIV/AIDS.

Program materials and guest speakers supporting instruction on these topics have been reviewed and approved by the local district or charter curriculum materials review committee.

The following are NOT approved by the State Board of Education for instruction and may not be taught:

- The intricacies of intercourse, sexual stimulation, or erotic behavior;
- The advocacy of premarital or extramarital sexual activity;
- The advocacy or encouragement of the use of contraceptive methods or devices.

In accordance with Utah State Board of Education Rule R277-474-7-4, teachers may answer spontaneous student questions to provide accurate data, correct inaccurate or misleading information, or respond to comments made by students in class regarding human sexuality.

Curriculum for this course includes instruction or discussion about the topics checked below. Pre-checked items are required for instruction in health education 53G-10-402 (*For Teacher Use Only*):

- | | |
|--|---|
| <input type="checkbox"/> sexual abstinence | <input type="checkbox"/> childbirth |
| <input type="checkbox"/> human sexuality | <input type="checkbox"/> parenthood |
| <input type="checkbox"/> human reproduction | <input type="checkbox"/> contraception |
| <input type="checkbox"/> reproductive anatomy | <input type="checkbox"/> HIV and AIDS (including modes of transmission) |
| <input checked="" type="checkbox"/> physiology | <input type="checkbox"/> sexually transmitted diseases |
| <input type="checkbox"/> pregnancy | <input checked="" type="checkbox"/> refusal skills |
| <input type="checkbox"/> marriage | |

Factual, unbiased information about contraception may be presented as part of this course only if the box above is checked. Demonstrations on how to use contraceptive means, methods, or devices are **prohibited**.

Options: Please read and check only one of the following:

Name of Student: _____

☐ **Option 1**

I grant permission for my child to participate in the discussions as described above.

☐ **Option 2**

I grant permission for my child to participate in the discussions as described above, with the exception of _____ . I understand that my child will receive an alternative assignment of equal value and will not attend the regularly scheduled class on the day of this instruction. I understand my child will be provided a safe, supervised place within the school during this class. It will be his/her responsibility to report to the pre-arranged location, check in with the teacher or supervisor, and submit the completed assignment to the appropriate person.

☐ **Option 3**

Prior to deciding, I will contact you at the school within the next two weeks to arrange a time to discuss the planned curriculum and review the materials

☐ **Option 4**

I DENY permission for my child to participate in any of the discussions as checked in the box above. I understand my child is not involved in the exempted portion of the curriculum, he/she will instead be provided a safe, supervised place within the school during the class, and will receive an alternate assignment related to other elements of the course.

This consent form must be sent to parents not less than two weeks prior to instruction of the identified topics. Under state law, your child cannot participate in the scheduled instructional activity specified above unless and until this signed letter of permission is returned to the teacher identified on this form. Signed forms will be kept on file at the school for a minimum of one year.

Please sign and return form to verify you reviewed it and have chosen one option from the preceding list.

Parent/Guardian Signature: _____

Phone Number: _____

Date: _____

Utah State Board of Education

Parent/Guardian Consent Form

Maturation Instruction

Parents must receive this form no later than two weeks prior to the beginning of instruction

Date of Planned Instruction: _____ Name of Student: _____

Course: _____ Teacher(s): _____

School: _____ Telephone Number: _____

Dear Parents/Guardian:

As part of your child's education, he/she will be invited along with the parents/guardians to participate in a maturation program of instruction, which includes Health Core Standards outlined by the Utah State Board of Education. Utah rule requires parental consent for instruction on maturation (R277-474-5). Please read the form carefully, select **one option**, sign, and return to the teacher above. Your student will not be allowed to participate in class activities without this completed and signed form on file. Thank you.

Presentation Outline for Physiology, Reproductive Anatomy, and Reproduction:

- Explain how the timing of puberty and adolescent development varies, including that there is a wide range of what is healthy or typical.
- Describe the basic structures of the reproductive and endocrine systems and identify their respective functions.
- Describe the body changes that accompany puberty and how puberty prepares human bodies for reproduction.
- Explain the physical, social, and emotional changes that occur during puberty and adolescence and healthy ways to manage these changes
- Identify trusted adults (for example, parent, guardian, relative, teacher, counselor, clergy) to talk with about puberty.

Options: Please read and check only one of the following. Parents are invited and encouraged to attend.

- ☐ **Option 1:** I grant permission for my child to participate in the maturation discussions as described above.
- ☐ **Option 2:** Prior to deciding, I will contact you at the school within the next two weeks to arrange a time to discuss the planned curriculum and review the materials
- ☐ **Option 3:** I DENY permission for my child to participate in any of the maturation discussions as checked in the box above. I understand my child will not be involved in the maturation presentation. If the presentation is held during the school day my child will instead be provided a safe, supervised place and receive an alternate activity.

Please sign and return form to verify you reviewed it and have chosen one option from the preceding list.

Parent/Guardian Signature: _____

Phone Number: _____ Date: _____

***Millard School District Human Sexuality Comment Log
or Instructional Materials Appeal***

School: _____

Instructor: _____

Please state your appeal, concerns, comments, and/or complaint here:

Name of person submitting comment: _____

Signature: _____

Date: _____