Participation in Sex-Designated Athletic Activities, Programs, and Events

Definitions

1. "Sex" means an individual's biological sex, either male or female, at birth, according to distinct reproductive roles as manifested by sex and reproductive organ anatomy, chromosomal makeup, and endogenous hormone profiles. 2. "Female" means the characteristic of an individual whose biological reproductive system is of the general type that functions in a way that could produce ova. 3. "Male" means the characteristic of an individual whose biological reproductive system is of the general type that functions to fertilize the ova of a female. 4. "Co-ed" or "mixed" means that a team is composed of members of both sexes who traditionally compete together.

Utah Code § 53G-6-901(1) (2022)

Utah Code § 68-3-12.5(13), (19), (34) (2026)

Designation of School Athletic Activities and Teams

Each school in the District shall designate each of its school athletic activities and teams as designated for male students, designated for female students, or coed or mixed. In making the designation for activities and teams which are interscholastic activities governed by the Utah High School Activities Association, the school shall consider the listing of girls teams, boys teams, and mixed teams established by the Association.

Utah Code § 53G-6-902(1)(a) (2022)

Utah High School Activities Association Handbook 2025-2026, page 60

Participation in Sex-Designated Athletic Facilities, Programs, and Events

A male student is not entitled to and may not access, use or benefit from a school or District athletic facility, program, or event which is designated for females. A female student is not entitled to and may not access, use, or benefit from a school or District athletic facility, program, or event which is designated for males. However, a student may participate in a sex-designated interscholastic activity governed by the UHSAA which does not correspond with the sex designation on the student unamended birth certificate if the student has obtained eligibility approval from the School Activity Eligibility Commission and the student otherwise qualifies to participate in the activity.

Utah Code § 63G-31-201(3)(b), (c), (4) (2025)

Utah Code § 53G-6-1004(1) (2025)

Source Traceability

Source	Use in this policy
USBA Model Policy FABA, modified 16 June 2026	Model policy retained as the controlling policy for designating school athletic teams and determining participation in sex-designated athletic facilities, programs, and events.
MSD Policy 5100, approved 2026	Inserted in FABA-1 only as a coordination provision for charter, online, home school, private school, scholarship, and other non-enrolled student activity participation.
MSD Policy 6310, approved 2024	Inserted in FABA-1 only as a coordination provision for generally applicable extracurricular activity standards and eligibility.

Disposition: The USBA/FABA model controls. Millard language was inserted only to preserve and coordinate the Board-approved 5100 participation framework and the activity-standard framework without changing the sex-designated athletics rule.