Health Requirements and Services Medical Recommendations by School Personnel to Parents

Medical Recommendations by School Personnel Testing—

School employees may provide information and observations to a student's parents about the student's:

1. progress;
2. health and wellness;
3. social interactions; and/or
4. behavior.

School employees may complete a behavioral health evaluation form if requested by a student's parent to provide information to a licensed physician or physician assistant.

In addition, a school employee may communicate information and observations between school personnel regarding a student. School employees may also refer a student to other appropriate school personnel and agents, including referrals and communication with a school counselor or other mental health professionals working within the school.

If a school employee believes a student is at risk of (a) attempting suicide, (b) physical self-harm, or (c) harming others, then the employee may question the student about the suicidal thoughts, self-harming behavior, or thoughts of harming others in order to refer the student to appropriate prevention services and to inform the student's parent. However, the questioning shall be limited to that which is necessary for referral to prevention services or to make the parent aware of the perceived risk. (See Policy FEA)

Utah Code § 53E-9-203(7) (2024)

If a school employee believes that a situation exists which presents a serious

threat to the well-being of a student, that employee shall notify the student's parent without delay. The school employee may consult or use appropriate health care professionals in the event of an emergency while the student is at school, consistent with the student emergency information provided at student enrollment.

The school shall notify the parent of a student who:

1. threatens suicide; or
1. is involved in an incident of bullying, hazing, abusive conduct, cyber-bullying, or retaliation (whether as a victim or as a perpetrator).

When the student is involved in an incident, the parent shall also be notified of the action plan. (See Policy FGAD.) When a student threatens suicide or is involved in one of these incidents, the school shall also provide the parent with (1) suicide prevention materials and information as recommended by the State Superintendent, (2) information on ways to limit a student's access to fatal means (including firearms and medication), and (3) information and resources on the healthy use of social media and online practices.

The school shall produce and maintain a record that verifies that the parent was notified of the threats or incidents listed above and provided the required information. If applicable, the record shall also track implementation of the action plan. The record is a private record for purposes of the Government Records Access and Management Act.

The process for notifying a parent shall consist of:

1. The school principal or designee shall attempt to make personal contact with a parent when the school has notice of a threat or incident listed above. It is recommended that the parent be informed of the threat or incident with two

school people present. If personal contact is not possible, the parent may be contacted by phone. A second school person should witness the phone call.

2. Contact with the parent must be documented in a "Verification of Parent Contact Regarding Threat or Incident." When there is an action plan for addressing an incident of bullying, hazing, abusive conduct, cyber-bullying, or retaliation, the documentation shall be supplemented to track implementation of the action plan.

(A copy of the "Verification of Parent Contact Regarding Threat or Incident" is attached below.) Subject to laws regarding confidentiality of student educational records, at the request of a parent, a school may provide information and make recommendations related to an incident or threat.

Utah Code § 53G-9-203 (2019)

Utah Code § 53G-9-604 (2024)

Utah Admin. Rules R277-613-4(3) (October 8, 2025) The record of parental notification shall be maintained in accordance with Policy FE, Policy FEA, Title 53E,

Chapter 9, Part 3, Student Data Protection, Title 53E, Chapter 9, Part 2, Student Privacy, and the Federal Family Educational Rights and Privacy Act ("FERPA"). A

copy of the record of parental notification shall upon request be provided to the student to whom the record relates. After the student has graduated, the District shall expunge the record of parental notification upon request of the student.

Utah Code § 53G-9-604(2)(a)(iii), (4) (2024)

Schools Cannot Require Students to Take a Specific

Medication or Treatment—

School employees shall not require that a student take or continue to take a specific medication, whether over-the-counter or prescription medicine, as a condition for attending school.

This policy does not include immunizations against communicable diseases as required by the Department of Health as a prerequisite to school attendance. See

Policy FDAB.

School employees may not:

1. recommend to a parent that a student take or continue to take a psychotropic medication;
2. require that a student take or continue to take a psychotropic medication as a condition for attending school;
3. recommend that a parent seek or use a type of psychiatric or psychological treatment for a student;
4. conduct a psychiatric or behavioral health evaluation or mental health screening, test, evaluation, or assessment of a student, except when necessitated to meet the requirements of the Individuals with Disabilities Education Act, 20 U.S.C. § 1400 et seq., and its subsequent amendments; or
5. make a child abuse or neglect report to authorities, including the Division of Student and Family Services, solely or primarily on the basis that a parent refuses to consent to:

a. a psychiatric, psychological, or behavioral treatment for a student, including the administration of a psychotropic medication to a student; or

b. a psychiatric or behavioral health evaluation of a student.

i. However, school employees may make a report that would otherwise be prohibited under Subsection (5) if failure to take the action described under Subsection (5) would present a serious, imminent risk to the student's safety or the safety of others.

Utah Code § 53G-9-203 (2019)

School Mental Health Professionals and Counselors Can Recommend **Treatment or Evaluation—**

A school counselor or other mental health professional acting in accordance with the Mental Health Professional Practice Act, or licensed through the State Board of Education, working within the school system may:

1. recommend, but not require, a psychiatric or behavioral health evaluation of a

student;

2. recommend, but not require, psychiatric, psychological, or behavioral treatment for a student;
3. provide to a parent, upon the specific request of the parent, a list of three or more health care professionals or providers, including licensed physicians, psychologists, or other health specialists; and
4. conduct a psychiatric or behavioral health evaluation or mental health screening, test, evaluation, or assessment of a student; however, prior written consent of the student's parent and a two-week minimum notification period are required prior to conducting the behavioral health evaluation or mental health screening, test, evaluation, or assessment. A parent may waive the two week minimum notification period. However, this written consent and notice is not required before questioning a student believed to be at risk of suicide, physically self-harming behavior, or harming others to the extent needed for referral to appropriate prevention services and to notify the parent of the perceived risk. See Policy FEA.

Mental health care services may only be provided to students under the conditions

and requirements set out in Policy FDACG.

Utah Code § 53G-9-203 (2019)

Utah Code § 53G-9-902 (2025)

Utah Code § 53E-9-203(7) (2024)

Utah Admin. Rules R277-313-4(2) (August 7, 2025)

Training and Discipline—

Each school shall provide training to the appropriate personnel on the proper application of this policy. An intentional violation of this policy shall be dealt with according to the provisions of Policy DHA—Orderly School Termination for Employees.

Utah Code § 53G-9-203 (2019)

FDACE Appendix A - Verification of Parent Contact Regarding Threat or Incident

This form is retained as the USBA model verification form for documenting parent contact when a student has made suicidal threats or was involved in bullying, hazing, abusive conduct, cyber-bullying, or retaliation.

Principal or designee: _____

Parent contacted: _____ Date: _____

Student name: _____

Contact was made: [ ] in person [ ] by telephone [ ] by email [ ] other:
_____

Telephone or email used: _____

Notice was given of: [ ] suicide threat [ ] bullying [ ] cyber-bullying [ ] abusive conduct [ ] hazing [ ] retaliation incident

If notice was given of a suicide threat, information was provided regarding suicide prevention, ways to limit student access to lethal means, and healthy use of social media and online practices.

If notice was given of an incident, the parent was informed that retaliation is prohibited and should be reported, of the process for addressing the incident, was updated on the progress of the process, was informed of the action plan, and was informed of the result of the process as follows:

Date: _____ Nature of contact:
_____

Date: _____ Nature of contact:
_____

Date: _____ Nature of contact:
_____

Additional notes or attached pages:
_____

School staff witness: _____

Principal or designee signature: _____ Title:
_____ Date: _____

School staff member signature: _____ Title:
_____ Date: _____